Box Holder

LAKESIDE. MAR 11 9:30AM 1938 CALIF.

Red Cross Asks Aid for Flood Victims

See Col. 7

PUBLISHED IN THE INTEREST OF LAKESIDE and COMMUNITY

The LAKESIDE FARMER

Published in the interest of Lakeside and San Diego County farmers

Only Newspaper with complete coverage of Lakeside trading area

VOLUME 11 NO. 37 — LAKESIDE, SAN DIEGO COUNTY, CALIFORNIA. — FRIDAY MARCH 11, 1938

A Step Ahead

BY DON

A very tired physican told me that he would rather tackle the toughest problems of medical practise than to attempt the cure of a bad habit in one of his patients. He said that nearly fifty per cent of his time with a patient is spent convincing him that he no longer needs the crutch, figuratively speaking, that the treatment demanded.

As an extreme example of this, he told the story of a man we will name Tom, who spent over five years of his life in bed, twenty four hours each day, for five long years. Tom never left his bed in a sanitarium, except, during the last year to walk a short distance to a dining room for his meals, then, immediately back to bed.

Approximately the first two and one half years, Tom was a very sick man, needing all the care, attention and bed rest possible, but when told that he was better, that he might begin the very tedious proceedure of standing once more upon his feet, a well man, he simply would not believe it. He didn't want to believe it. The habit of long days, months and years in bed had so warpted his out look on life that he could not desire anything better than his environment of the past two and one half years.

Every trick of suggestion and persuasion up the sleeves of the entire hospital staff could not budge him. Told that he had no symptons or indications of physical illness not even a slight temperature, he resorted to deception, faking a temperature by briskly rubbing the thermometer in the fold of a woolen blanket. Finally, he was moved from his bed in the infirmary to a semi ambulant ward in spite of his wails. There, in the new ward, he might occupy a bed until doom's day without denying some truly sick person the care and attention needed.

During the remaining two years the battle went quietly and doggedly on. Tom against the world. The jibes, laughter and scorn of fellow patients hardly impressed him. If anything, it only increased his desire to prove his case, hampering the well directed efforts of the staff. He became famous. Everything failed. It looked as though Tom had licked the world.

As in most difficult problems, the most obvious and simplest solution had been overlooked to be found by a layman with no knowledge of the subject. He simply asked, "Have you tried vamping him?" A vast silence in which the room grew steadily blue with profane, but unspoken, words. Then, the single word, very softly, "Damn."

And so it came to pass, that a very beautiful girl became suddenly interested in Tom, and Tom became so interested in the girl that he forsook his bed for a short walk with his beautiful companion. What the hospital staff had failed to accomplish in two and one half years of conscientious affort Nature and a girl with a smile were able to win in a few short minutes.

Bad habits, they say, are blind. Good habits can see.

Be Sure

Can you be sure that you are wrong;
Can you be sure you're right?
Well, if you can, I'd like to know
Just how you found the light.

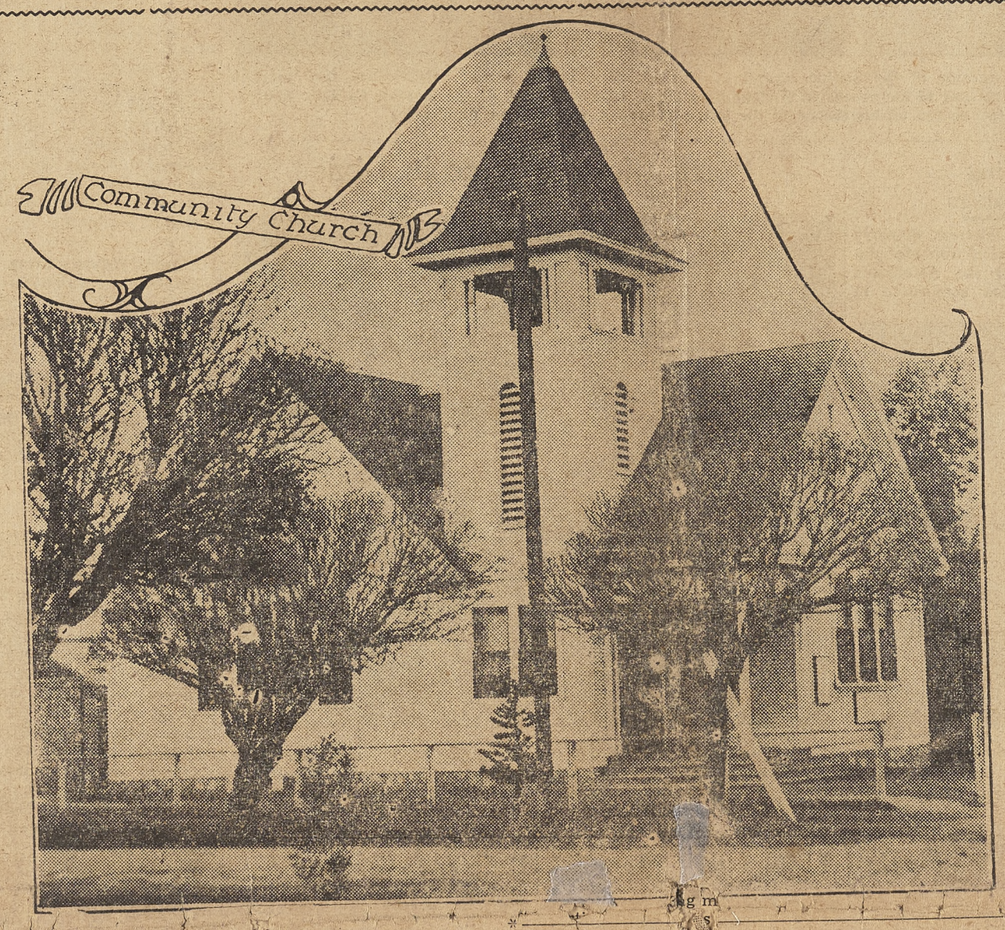
I've often thought that I was sure;
I usually find I'm wrong,
But, maybe, you can tell me where
My dreams and schemes have gone.

It's kinda fun this guessing game,
This life we mortal's live,
But, even then, I may be wrong—
I can't be positive.

Mr. and Mrs. Floyd Smith and Mr. and Mrs. Wait of Imperial Beach were visitors Sunday night at the H. K. Bartmess residence.

Kenneth Hannible's baby brother has been named Dennis Lee.

History of Lakeside Community Church



REV. T. I. NALBACH DESCRIBES HISTORICAL CHURCH EVENTS

"Lakeside, Calif. March 12, 1893. In answer to a petition duly signed, the Presbytery of Los Angeles authorized a Presbyterian Church to be organized at Lakeside, Calif. After our notice a public meeting was held in the Lakeside School House this 12th day of March, 1893 at 3 o'clock p. m. After a sermon, "The First Presbyterian Church of Lakeside" was duly organized with the following charter members:

Mr. E. W. Evans, Mrs. Tillie Evans, Mrs. Nettie A. Carpenter, Mr. A. L. Stammard, Mrs. E. E. Stammard, Mrs. Caroline Cushney, Mrs. Frank C. Crowell, Mrs. Mary Philbrook, Mr. J. L. Stammard, Mrs Minnie Stammard, Mr. D. S. Watson, Mrs. Sylvia H. Watson, Mr. F. C. Crowell.

It is interesting to note that these people came from churches representing S. D., Calif., Arlington, Mass., New Whatcum, Wash., Lancaster N. Y., Denver Colo. and Ashville N. C.

After election of officers, and elders, "by a unaminous vote of the congregation Rev. D. E. Ambrose was called to supply the church as minister in connection with his pastorate at El Cajon." Rev. Mr. Ambrose served until Jan. 1st, 1895.

Here is an interesting note of a meeting held on August 18, 1895. After examination by the moderator of new members, the following persons were admitted by letters upon motion of Mr. Crowell. Mr. L. V. Hoover, Mrs. C. M. Hoover, Mrs. Julia Hunter and Mrs. Edna Flack by letter from the M. E. Church of South Shelbyville Mo.

October 20, 1895. Persuant to a call by the moderator, Rev. Butterfield, the Session met in the schoolhouse at 3:30 p. m. After prayer by the moderator, Elder Crowell submitted a proposition made by a lady (Miss Hattie French) of San Diego to the effect that she would donate the sum of $500 towards the erection of a church in Lakeside provided that the people would raise the balance necessary to erect a suitable house of worship. After a discussion of the question by all present, Deacon Culberston offered the following resolution. Resolved: that we the members of the Session of the First. Presby. church of Lakeside do hereby extend to the lady making the offer of $500 towards the building of a church in Lakeside, our sincere thanks, gratefully accepting the same and pledging ourselves to erect a suitable building. Carried

From this time for a period of 2 years, the recoreds were evidentally kept in a separate book and were not written in the regular session book until this two year period was over. Therefore the records are sparce and incomplete. At any rate, one of these records, written in later tells of the congregation voting on the articles

(Continued on page 4)

MNT. EMPIRE STUDENTS TO SEE IMPERIAL FAIR

Through the courtesy of the Valley Feed and Fuel company, El Cajon, of the Mountain Empire Union High school, will be able to participate in the huge motorcade to the Imperial County Fair, on San Diego Day, Sunday, March 13.

When members of the school board regretfully announced that, because of a clause in the insurance covering school busses, the vehicles could not be used in the motorcade, Carl Petree, member of the El Cajon firm, stepped into the breach and offered use of a large truck.

Students from Descanso, Guatay, Pine Valley, Boulevard, Jacumba, Hipass, Campo, Tecate and Potrero attend the mountain high school. About fifty of the school's enrollment of 100 plan to make the trip, Chris Nelson, president of the Campo-Potrero chamber of commerce, in charge of this portion of the program, announces.

A huge Mountain Empire banner and noise making instruments will be carried by the students, Nelson said. The bed of the truck will be covered with hay to make riding comfortable.

The truck will leave El Cajon at about 7 a. m. Sunday morning, making stops at Descanso junction, Pine Valley, Manzanita and Jacumba to pick up students. It will join the motorcade at Jacumba at about 10 a. m.

Arrangements are also being made for the pupils of eight Mountain Empire elementary schools to vist the far on San Diego county day, Nelson stated.

RODEO MANAGER AIRS FACTS

Tom La Madrid wishes to correct the erronous and falsely untrue statements given to the various newspapers by Dave Crawford, Manager of the Midget Auto Races, for his reason of discontinuing the races at the Rodeo Grounds. Crawford states that the "chief trouble with the Lakeside Track was that there was no protection from the wind and that the patrons could not see the track."

Tom La Madrid stated that the ONLY reason that the races were not held here again, was because he refused to lease the Rodeo Grounds to Crawford again. Crawford did not live up to his written agreement in any way.

He agreed to leave the grounds in a clean, sanitary condition. The track was to be leveled and graded and left in suitable condition for the Rodeo use.

Tom La Madrid stated that Crawford left the grounds in a dirty and unsanitary condition. The track was banked and had large holes and ditches all over it. And he had considerable trouble with boys and men he hired.

After the 1st Midget Race, the Grounds were left in terrible condition and Crawford was finally prevailed upon to come out and remedy it. He was given another chance, and was allowed to race a second time, but failed to live up to his agreement again. Hence was denied the future use of the track.

To substantiate the truth of his statement, Tom La Madrid said that Crawford announced another race at the track in 2 weeks. He was absolutely refused permission to race at their track again.

LADIES AID ELECTS OFFICERS

Mrs. Charles Lindsay entertained the members of the Ladies Aid at her Lakeside home on Tuesday of last week.

During the regular business meeting officers were elected to serve for the following term, beginning on April 1st.

Th new officers are: Mrs. Francis Desmond, president; Mrs. Alice Gibson, first vice president; Mrs. Alma Conrad, second vice president; Mrs. Adrienne Kephart secretary; Mrs. Ruth Schiller, treasurer; and Mrs. Genevieve Barker, corresponding secretary.

At this meeting the retiring president, Mrs. A. G. Sly was presented with a folding table by the members of the Ladies Aid.

The next meeting of this organization will be held in April at the home of Mrs. B. R. Brown of Lakeside Farms.

Final Rites Held for Old Time Resident

A large number of relatives and friends attended the Funeral services of Mrs. Mary Catherine Swycaffer, one of the oldest pioneers of this part of the country, Wednesday morning at ten o'clock in the Friends Church at Ramona.

The deceased who passed away at her home in Ballena Sunday evening was eighty years of age and was very well known in these parts as she was born and raised in Ballena and resided in that town all of her life. She had been an invalid for the past twelve years, but her sudden death Sunday night came as a great shock to her loved ones and friends.

Mrs. Swycaffer is the beloved wife of Jeff Swycaffer of Ballena; Mother of Mrs. Emma Ford of Santa Ana; Mrs. Anna McGowan of Long Beach; Mrs. Neil MacMillan of Maywood, Mrs. N. P. Carroll, of San Diego; Mrs. Della Nesbitt, Claude, Alonzo, and Lloyd Swycaffer of Ballena; sister of Antoine McIntyre of San Pasqual and is also survived by five grand children.

Interment was at the Ramona Cemetary.

COMMUNITY CHURCH TO HAVE SPEAKER

On Friday, March 11th after the pot luck dinner, Dr. J. A. Stevenson former editor of "Social Progress" and a nationally known figure, will speak to all friends of the church. This is to be one of the important meetings of the year. It is hoped that many of the pledges to the church budget of the coming year, will be in by Friday, so the dedication service, whch Dr. Stevenson is to lead, will be complete. The dinner begins at 6:30 p. m. Bring your friends.

MEETING TO BE HELD AT HOME OF MISS EVA McCARTHY TO SELECT ALUMNI PLAY

A meeting will be held at the home of Miss Eva C. McCarthy, dramatic and english teacher of Grossmont, at 4874 Palm Avenue in La Mesa this Sunday evening, March 13th at 7:30, for all Grossmont Alumni who are interested in the coming Alumni play and who would like to take part.

At this time the play will be selected and the roles will be cast—Remember the day—Sunday —the time—7:30 p. m. at the home of Miss McCarthy in La Mesa.

Mr. and Mrs. Wesley Beadle have moved to a house on River Street.

$20,500 QUOTA FOR SAN DIEGO COUNTY

Photographs Taken Sunday at Rodeo Grounds

Rodeo time will soon be here. Already the publicity man is on the job. There were pictures galore taken at the Rodeo Grounds last Sunday.

There were pretty Indian maidens, Spanish girls and Cowgirls, and pretty girls in shorts with big cowboy hats and boots. Quite a few were local girls.

Lucy Mae Carender makes a very pretty Indian maiden and Pete Smith was a very realistic Indian Chief, and when they went into their love scene (for the camera) Cecil Carender sat on the fence and scowled, tsk tsk!

Phylis Isom and Bob Hinnon made a very handsome couple in their Spanish Costumes. Other local girls that were in pictures were: Helen Ames, Lucille Landis, Rose Emberly, Mrs. La Madrid, Evelyn Walker, Suzette Blair and others.

Azelda Turner had a very perilious seat when she rode a saddle on top a pyramid stack of hay. (Ed note, Bill Khuner is in the picture too, but you won't see him He was hiding behind the stack of hay holding on to the saddle. Shorty Andrews took a private picture of him and offered to sell it to him for a small fortune)

When they got out the moving picture cameras, there were plenty of action pictures taken. Daring cowboys riding the wild horses. One of the boys was bucked off into a large puddle of water, and was there a big splash.

Cecil Carender disappointed us all he just walked his horse around calmly instead of his wild Paul Revere ride of a few years ago.

After the pictures were taken, the boys had more fun, Shorty Andrews and Bill Kuhner trying to rope a wild horse as Beryl Reeder rounded it up and drove it between them. Bill finally roped its hind feet and the crowd shouted its applause, and one man remarked that that was a Kuhner special.

LAKESIDE RAILROAD TRACKS WASHED OUT

The railroad tracks which were washed out last year just opposite the Lakeside Grammar school with the heavy rains, were again washed out last week by the flood waters. It is estimated that approximately four to five hundred feet were washed out.

The San Diego chapter of the American Red Cross has issued an appeal to the people of this county for contributions to assist in the emergency and relief of families suffering from the recent floods in this state.

Mr. A L. Schafer, Pacific Area Manager, in personal charge of emergency relief measures and rehabilitation, estimates 9000 families have suffered material losses; 6000 homes have been destroyed or damaged; the Red Cross is giving emergency relief to approximately 15,000 refugees. Mr. Schafer estimates $300,000 as minimum will be required for emergency relief and rehabilitation.

The quota for San Diego City and County is $20,500.

Mr. George Langworthy has been appointed Chairman of the Flood Relief Committee. Contributions may be sent to him or left at the Lakeside Bank.

Grossmont School To Present Play Tonight

If you want plenty of thrills, if you like excitement in drama, if you enjoy romance and comedy will be found in Grossmont High School's play do not fail to see "The Cat and The Canary", that old but new mystery thriller to be presented by a Grossmont Student Body in their School auditorium Friday evening, March 11th at 8:00 p. m.

An especially interesting feature will be the use of the new public address system with which the auditorium has been equipped and which guarantees that the clever and exciting lines of the play can be easily heard.

A very capable cast has been chosen to present the story of Cylus Wests will read to his six remaining heirs twenty years after his death. Breath taking moments are frequent as the play progresses, romance and comedy being provided through the roles of Lloyd Donahue as Paul Jones and Jane Phillips as Susan. Other members of the cast are Ann Ganderup, Roberta O'Grady, Lucille Fieger, Bill King, Jack Jackson, Dick Grau, Russel Irwin and Aubrey Seers.

VISITS PARENTS

Mr. James Smith of Hollywood, California, who is a singer and a saxaphone player and who is often heard over the radio, was a visitor over the week end at the home of his parents, Mr. and Mrs. R. L. Skinner, his grandmother, Mrs. William Mayfield and other relatives.

BARKER & LANTZ TO HOLD GRAND OPENING FRI.SAT.

With bargains, bargains and more bargains, all persons in and near Lakeside are urged to make ready to attend the grand and offical opening today and tomorrow, March 11th and 12th at the Lakeside Allied Food Store.

This store which was formerly managed and operated by the late Otto H. Marcks underwent new management on Tuesday of this week when Otis Barker and Adreon Lantz took possession. Mr. Lantz will continue his produce route of which he and Mr. Barker were partners prior to last Tuesday.

These well known local men have joined with the Allied Food Stores, sponsored by Klauber Wangenheim in order that they may be able to give the Lakeside people the same prices on groceries as those given by the San Diego stores.

Many improvements are now being made at the present time. The changes are for the convenience of the customer and for more efficient service. Plans are also being made for painting the store inside and out and as time goes on various other changes will be made to make it as up to date as possible.

Another added attraction is the modern fruit and vegetable rack of steel with a sprinkler and ventilator which will be installed in the near future. This new feature will help to keep the fruit and vegetables fresh and crisp all year round.

So come in and look things over—the place is crammed full of bargains many of which are advertised in this paper. See for yourself the savings, and too, you have a chance to win one or more prizes which will be given on Saturday night at eight p. m. Twelve bags of groceries will be awarded. Remember there is a ticket with every purchase and every purchase helps your chances of holding a lucky number. During the Grand Opening Free baloons are to be presented to all kiddies.

Fred Prindle who operates a meat market in the store has plenty of specials which are both tempting and reasonable. They are sure to meet with your satisfaction, so don't hesitate—put on your hat and coat, your golashes and raincoats, if necessary, but attend the grand opening at the Allied Food Store.

CLASSIFIED DEPARTMENT

PERSONAL

WANTED NAMES AND ADDRESSES heirs of Albert Spencer Hart and wife Sally a daughter of Rev. Hiram Cummings, 1860, was in Oroville, Calif. **WARDEN,** 1140 North Los Robles, Pasadena, Calif.

ARE YOU SATISFIED OR OVERWEIGHT?
BE HEALTHY and ATTRACTIVE
SAFE, INEXPENSIVE LOSE UP TO 7 LBS. WEEKLY
WRITE DR. WENDT CANTON, S.D.

Favorite Recipe of the Week

Pineapple Cream for Plain Cake.

MANY times the dessert question is a difficult one to decide upon, and there are other times when there is some pound cake, gingerbread, or plain butter cake left that needs to be made interesting to tempt the family. When these two situations meet, you will find that pineapple cream to serve over slices of any one of the kinds of cake will be just the trick to produce a lovely dessert.

Pineapple Cream.

8 oz. can crushed pineapple
½ pint pastry cream
¼ cup marmalade, jam or jelly

Drain the juice from the pineapple and save it to use for something else, or just drink it. Whip the cream until stiff. Blend the cream with the drained pineapple and the marmalade, jam or jelly. By varying the kind of jam used the whole tone or flavor of the cream can be changed, and you will find any flavor blends well with the pineapple. Serve the pineapple cream over slices of the chosen cake.

How Often Should Your Furniture Be Polished?

Housewives differ on the question of "when to polish their furniture." Some have no set time for it—polishing when they think of it—or when, casting a glance about, they decide that the furniture can "stand it." Others, polish every cleaning day—which ordinarily occurs once a week. Others dedicate but one day a year to this important procedure. And still others, polish the furniture in their home regularly, once a month. This last group is the large[illegible]—but their schedule is not sufficiently frequent. Furniture can not be polished too often! True, the outward benefit of the best oil polish—the luster—will last through a single week—and more—but this same polish, with its light oil base, preserves and "feeds" the furniture, revives it, prolongs its life! So that every application is highly beneficial to woodwork and the various pieces of fine wood in the home. Our advice, therefore, for the sake of endurance, as well as appearance, of your furniture, is "polish up" with a good oil polish at least twice a month!

O-CEDAR CLEANS, POLISHES, *PRESERVES*— KEEPS FURNITURE LIKE NEW

More women use O-Cedar Polish and Mops than any other kind—for furniture, woodwork, and floors.

O-Cedar POLISH MOPS • WAX

Without Horrors

War is delightful to those who have had no experience of it.—Erasmus.

666 checks COLDS and FEVER first day
LIQUID, TABLETS SALVE, NOSE DROPS
Headache, 30 minutes.
Try "Rub-My-Tism"—World's Best Liniment

WNU—12 10—38

A Sure Index of Value

. . . is knowledge of a manufacturer's name and what it stands for. It is the most certain method, except that of actual use, for judging the value of any manufactured goods. Here is the only guarantee against careless workmanship or use of shoddy materials.

Buy ADVERTISED GOODS

CALIFORNIA News of the Week

State Fair Contract Let

Sacramento. — The State Public Works Department awarded contracts for the erection of an assembly building and a dairy products building on the State Fair grounds to F. C. Amoroso & Sons, San Francisco, on their bid of $127,977 for the combined work.

Frosted Foods Incorporates

Sacramento. — California Frosted Foods, Inc., $100,000 food canning and freezing organization, has been incorporated at the Secretary of State's office. The headquarters will be in San Joaquin County. The directors are headed by Ralph Coelho of San Jose.

Man, 90, Marries Woman, 85

Monterey. — Spencer St. John, Long Beach machinist, and Mrs. Bessie D. McKillop of Monterey were married here last week. The groom is 90, and the bride 85. They will make their home in Long Beach. Mrs. McKillop is the mother of J. R. McKillop, Monterey high school principal.

Age Pensions Paid to 100,000

Sacramento. — More than 100,000 elderly persons in California received old-age pension payments in January, Mrs. Florence L. Turner, State Director of Social Welfare, announced. A total pension payment of $3,326,191 was made to 100,834 persons for an average of $32.99 per case, Mrs. Turner said.

Legion Assails Bridges

Woodland.—A resolution demanding that Harry Bridges, Pacific Coast Committee for Industrial Organization leader, be declared an alien Communist and deported was adopted unanimously by members of the American Legion, Sixth District, comprising Yolo, Sacramento, Eldorado, Nevada and Placer Counties.

Burn $50,000 Narcotics

San Francisco. — With newsreel cameras grinding, Municipal Judge Michelson touched off a $50,000 narcotics bonfire on the premises of the firemen's school. The narcotics destroyed had been seized by State narcotics inspectors over a period of six months. Gasoline was sprayed over it, while State Senator Young of the Senate Interim Narcotics Committee made a brief speech.

Yolo Woman Dies at 111

Woodland.—Mrs. Julia Richards, descendant of the once famous Rumsey Indian tribe, died at the Yolo County hospital last week at the age of 111. On her 109th birthday two years ago, "Grandma" Richards gained publicity by saying "The first hundred years may be the hardest, but they're a lot of fun, too!" Although Mrs. Richards smoked cigars for years, she did not attribute her longevity to this fact.

Thumb Prints Not Mandatory

Sacramento.—California automobile drivers need not be thumb-printed unless they want to, the State motor vehicle department announced. Type nearly two inches deep was used on printed cards to be hung in all branch offices to advise applicants for duplicate drivers' cards—in instances where the original is lost or defaced—and those applying for renewed licenses, that thumb-printing is purely voluntary.

Wife Says Capone Will Recover

San Jose.—Talking to reporters from a hideaway a few miles south of here, Mrs. Mamie Capone said after a second visit to Al Capone in Alcatraz Penitentiary, that her husband is suffering from mental dejection rather than insanity, and eventually will recover. Mrs. Capone has been staying here since she came West from her home in Miami, Fla., to make personal investigation of reports Capone had collapsed mentally.

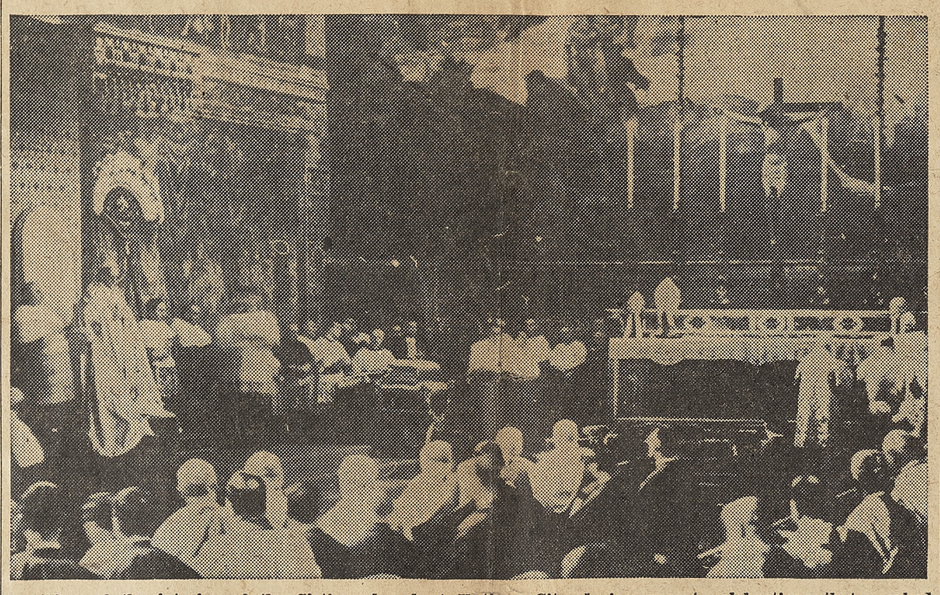
May Open Spectacular Cave

Sequoia National Park. — Crystal Cave, declared by experts to be one of the most beautiful caverns in the world, will be opened to the public shortly, if Congress approves an appropriation of $25,000 in the Interior Department's appropriation bill. The cave, one of the most impressive natural wonders of Sequoia Park, lies along Cactus Creek in the northwestern area. It was discovered in 1918. A road to the cave was mapped several years ago, but lack of funds prevented construction. A new and easier trail is planned to replace the route to the cave now used by park rangers.

Quentin Gas Cell Finished

San Quentin.—Prison authorities here are ready to install the new lethal gas execution chamber, built in Denver at a cost of $5,000. The fifth lethal gas cell built by its makers, it is electrically welded, is eight feet in diameter, seven feet high, and has glass portholes on seven of its eight walls. Inside the chamber a lever drops 15 cyanide pellets into the acid, causing fumes which kill in 15 seconds. It is considered an improvement over older types.

As Pope Pius Celebrated 16th Anniversary



View of the interior of the Sistine chapel at Vatican City during recent celebrations that marked the sixteenth anniversary of the ascension of Pope Pius XI as supreme head of the Roman Catholic church. The Pontiff is shown seated on his throne at the left, surrounded by Vatican dignitaries.

Pie-Eating King Named by Bakers

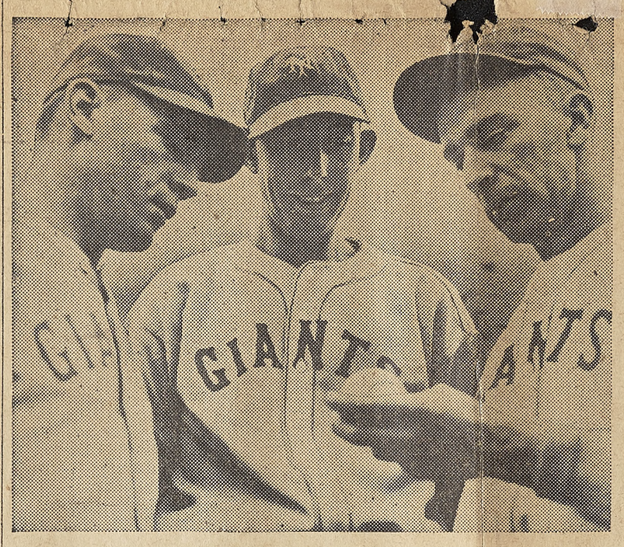
Steven Busho, thirteen, displays the equipment which won the pie-eating contest at the Associated Bakers of America convention in

Chicago. Steven messed his mouth a little around the edges, but chomped and licked through to victory.

Peach Blossom Time in Dixie

June and Jane LaFontaine, twin daughters of Mr. and Mrs. C. E. LaFontaine of Atlanta, shown among the peach blossoms on the Frank Hill farm near Panthersville, Ga. Heavy blossoms foretell a bumper peach crop this summer.

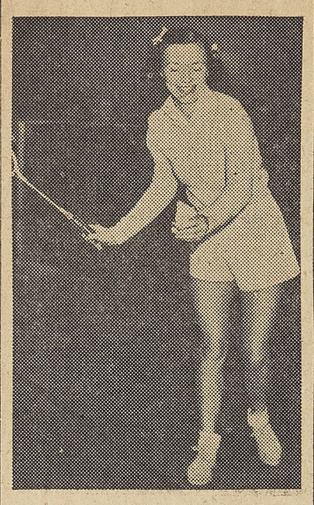
New "Dead" Ball Gets Once Over



National league pitchers may look upon the new "dead" ball as a boon that will prevent batting sprees by opposing teams. These three pitchers of the New York Giants, Hal Schumacher, left, Cliff Melton, center, and Carl Hubbell, are shown looking at the new ball at their spring training camp at Hot Springs, Ark. The new "dead" ball was selected for the 1938 season in the National league at a meeting of club presidents several months ago. At that time the American league decided to retain the so-called lively ball. The dead ball is expected to reduce the advantage which hitters have enjoyed for several years over pitchers and result in a return of base-stealing and "tight" baseball.

Badminton Champ Retains Title

Mrs. Del Barkhuff of Seattle, Wash., women's national badminton champion, shown ready to serve at a tourney in which she defended her



title. Popular for many years with men, the game of badminton has been growing in favor among women and is now played throughout the United States.

Hitler Puts His Grenadiers on Skis

Apparently no phase of fighting is being left to chance by Dictator Adolf Hitler of Germany. Various branches of his armed forces are even now receiving war training on skis as witness this picture made on the snow-covered mountain slopes near Oberwiesenthal. Members of the police force, the army and storm troopers practice grenade throwing on skis, by using small clubs shaped like the deadly weapons. To make the exercises more interesting, the training takes the form of a contest.

STATEWIDE Farm & Ranch News

Turkey Growers Sue Poultry Firm

A damage suit asking $9,080 has been filed in Red Bluff by J. C. Childers and Childers & Cone against the California Poultry Company and Robert Lee and Harvey Kirk. They charge that they lost 1,716 turkeys this winter from contact with diseased turkeys of the defendants.

Kill 2,000 Rabbits in Drive

More than 2,000 jack rabbits were killed by 428 hunters in the Victor Farm Bureau rabbit drive last week. This is the biggest entrance and the largest kill in the history of the bureau's drive. More than 40 square miles of vineyard and orchard land west of Lodi was covered by the hunters. One hundred prizes were awarded.

Turkey Starts Gold Hunt

A gold nugget found in the gizzard of a Christmas turkey may lead to a new mining development. Robert Farley, Sutter County rancher who raises turkeys, said that a friend in San Francisco to whom he had shipped a turkey, found the nugget in the bird. Farley believes the nugget came from earth which he uncovered last summer while digging a well on his farm.

Sequoia Walnuts Bring $333,000

The Sequoia Walnut Growers' Association of Visalia produced the highest average quality nuts of any association in California last year, according to Carlyle Thorpe, general manager of the California Walnut Growers' Association. James L. Parks, manager of the Sequoia plant, reported a 1937 crop of 1,406 tons valued at $333,000, compared to 1,196 tons valued at $285,000 in 1936.

Record Avocado Harvest

Over 100,000 packed "flats" of avocados were harvested and marketed in February, which was the second largest February tonnage ever handled and the largest monthly volume to date this season, reports Manager Geo. B. Hodgkin of the Calavo Growers of California. A 65,000-flat packout was recorded for February of a year ago. The growers' marketing cooperative expects present prices to be well maintained and probably increased this month, despite the large tonnage to be handled. Over half of the current crop has now been harvested.

Soy Bean Crop Worth $200,000

Cash payments of approximately $200,000 will be shared by Tulare County growers who plant soy beans this year, Fred W. Webb, vice-president of the Soy Bean Products Company, said. Contracts for the sale of more than 9,000,000 pounds of soy bean products recently were effected in Los Angeles, Webb said. Contracts were signed and accepted calling for the sale of 8,100,000 pounds of soy bean meal and 1,212,000 pounds of soy bean oil. Approximately 5,000 acres have been signed by the company for planting in this county this year.

San Bernardino Crop Report

Value of crops in San Bernardino County declined only slightly last year, despite the severe weather, it was announced by John P. Coy, county horticultural commissioner. The value of county crops in 1937 was $22,133,144, as compared with $22,925,339 for 1936. The bulk of this went to growers of citrus fruits, the returns in 1937 being $15,268,769, compared with $17,137,611 in the preceding year. The navel orange crop suffered the most severe loss in the freeze in January, 1937, while Valencia oranges, which did not mature for several months after the cold weather, brought more money to growers than in the previous year. This was due to better marketing conditions.

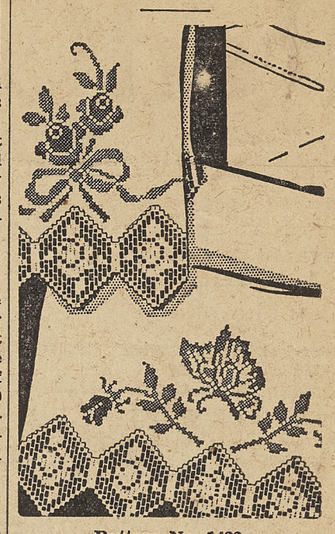
Kill Drone Trees, Advice

Unproductive marginal trees are too numerous in southern California orange groves and should be uprooted. This was the viewpoint expressed by A. G. Salter, assistant farm adviser for Los Angeles County, in pointing out the need for growers to build up their production in terms of maximum tree efficiency. "Ten to 40 per cent of trees in our orange groves are either star boarders or just barely paying for their board," Salter observed. "Paradoxical as it may seem," he said, "growers can meet the problem of alleged overproduction in citrus by concentrating their efforts on profitable trees. Marginal trees and marginal orchards must go out of production."

Plan 80 Farm Labor Homes

Construction of 80 low-rental farm labor homes in California will be started soon, H. P. Hallsteen, sector engineer of construction for the Farm Security Administration, announced. Forty of the homes will be built near Shafter, Kern County, and 40 near Indio in Riverside County. The tracts adjoin migratory labor camps. Twenty similar homes have been built near Arvin, Kern County, and were rented to farm families at $8.20 per month.

Cross Stitch and Crochet Linens



Pattern No. 1422.

Two's company and a smart combination when you team up dainty crochet and fetching 8 to the inch cross stitch in a stunning motif for towels, pillow cases or scarfs! Either crochet or cross stitch may be used alone. It's effective to use a monogram with the crochet. Pattern 1422 contains a transfer pattern for two motifs 6¾ by 9½ inches, two motifs 5¼ by 5½ inches, two motifs 4¾ by 10½ inches and two 5 by 7¼ inches; directions and charts for the filet crochet; material requirements; illustrations of stitches used; color suggestions.

Send 15 cents in stamps or coins (coins preferred) for this pattern to The Sewing Circle Needlecraft Dept., 82 Eighth Ave., New York, N. Y.

SORE THROAT WITH COLDS Given Fast Relief

Take 2 Bayer Tablets with a full glass of water.

Crush 3 Bayer Tablets in ⅓ glass of water—*gargle twice every few hours.*

The speed with which Bayer tablets act in relieving the distressing symptoms of colds and accompanying sore throat is utterly amazing . . . and the treatment is simple and pleasant. This is all you do. Crush and dissolve three genuine Bayer Aspirin tablets in one-third glass of water. Then gargle with this mixture twice, holding your head well back.

This medicinal gargle will act almost like a local anesthetic on the sore, irritated membrane of your throat. Pain eases promptly; rawness is relieved.

You will say it is remarkable. And the few cents it costs effects a big saving over expensive "throat gargles" and strong medicines. And when you buy, see that you get genuine BAYER ASPIRIN.

15c FOR 12 TABLETS
2 FULL DOZEN 25c
Virtually 1 cent a tablet

Secret With One

Three may keep a secret if two of them are dead.—Franklin.

ARE YOU PALE, THIN?

San Bernardino, Cal. —Mrs. Lula A. Olds, 239 King St., says: "Some years ago I had no inclination to eat, had become quite thin and awfully pale and nervous. I felt miserable. I used Dr. Pierce's Favorite Prescription and gained in weight and strength and felt as good as ever." Get Dr. Pierce's Favorite Prescription, liquid or tablets, at your drug store today. See how much you improve.

Watch Your Kidneys!

Help Them Cleanse the Blood of Harmful Body Waste

Your kidneys are constantly filtering waste matter from the blood stream. But kidneys sometimes lag in their work—do not act as Nature intended—fail to remove impurities that, if retained, may poison the system and upset the whole body machinery.

Symptoms may be nagging backache, persistent headache, attacks of dizziness, getting up nights, swelling, puffiness under the eyes—a feeling of nervous anxiety and loss of pep and strength.

Other signs of kidney or bladder disorder may be burning, scanty or too frequent urination.

There should be no doubt that prompt treatment is wiser than neglect. Use *Doan's Pills. Doan's* have been winning new friends for more than forty years. They have a nation-wide reputation. Are recommended by grateful people the country over. *Ask your neighbor!*

DOAN'S PILLS

SEEN and HEARD around the NATIONAL CAPITAL

By Carter Field

Washington.—Hearings on the proposed United Kingdom-United States reciprocal trade agreement are set to begin here March 14. Battle between business and the State department will grow hotter as the hearings go on. It will center around the old, old question of free trade or tariff restrictions.

This is the argument: "Is it better to protect farmers, manufacturers, and labor against competition of low-cost products from foreign countries, or let the low-priced goods in for the benefit of the public? Who is most important: producers or the public?

Any economist can show that the American public pays annually many billions of dollars more for the goods it buys now than it would pay if prices were lowered by foreign goods brought in free of duty. But the same economist, if he were so minded, could show that free imports would soon drive agriculture, manufacturing and labor to bankruptcy. First would come general chaos, and next would come an American standard of living as low as the world average.

These opposing forces are vast and complicated. Every tariff student has a theory. But Secretary of State Cordell Hull happens to be for low tariffs, and he happens to have a reciprocal trade agreement act passed by congress, and the will of President Roosevelt to back him up. So his opinion is what counts right now. He has made 16 reciprocal agreements with other countries already, and he's going to make one with England.

This is the gist of the Hull policy: Nearly all war is caused by economic war. After the World war, the United States helped increase economic war by raising tariff walls around itself. It must now tear them down to promote trade and peace. This country and England together transact about one-fourth of all the world's business. An agreement between the two to increase that huge volume of business will have a marked effect on world trade and world peace. We cannot remain prosperous in a poverty-stricken world.

How the Plan Works

Here's how the "most-favored nation" plan works. The United States picks out the country that supplies the most of any given import. In the case of woolen goods, it's England. We cut our import duty on woolens in return for a cut by England on something we sell her, say lumber, wheat, or automobiles. Then the new lower tariffs apply to all other countries supplying less amounts of the same commodities or products. It makes business move fast, say the low-tariff men.

But American farmers and manufacturers and labor leaders howl with pain. While they struggle for volume and prices to keep going, the government opens the flood gate and foreign goods rush in to lower both. The government says we are opening up the foreign market in which you can sell more farm and factory products, with resulting benefits to labor. We'll have world-wide prosperity in place of precarious isolated prosperity. And we'll have peace instead of back-breaking taxes for armaments.

Reciprocal trade treaties are engineered by the State department, but the work of preparing statistics and holding hearings is done by the tariff commission and its reciprocity committee. The commission's shabby old building is humming. Bright young men from London lug bales of records from room to room. Woolen manufacturers arrive from New England to make sure their protests will be heard when hearings begin. Meanwhile off to England goes the astute Ambassador Joseph P. Kennedy to make sure the foxy British don't trade us any wooden nickels.

Up to Broadcasters

Two obligations are now placed squarely on the shoulders of radio broadcasting, which has been anxiously waiting a definite statement of policy by the recently reorganized federal communications commission. The law was laid down by Frank R. McNinch, newly appointed chairman of the commission, in his address before the sixteenth annual convention of the National Association of Broadcasters. Radio must steer clear of monopolistic practices, and it must provide good entertainment free of moral offense.

Mr. McNinch is an administration man, loaned to the communications commission by the federal power commission, where his attitude toward public utilities was well known. Radio men feared trouble when he came over to the communications commission. Many of them are therefore agreeably surprised to hear from him what sounded like stern but friendly advice. But if any of them are involved in even the beginnings of monopoly, they are tossing in their sleep tonight, because the chairman announced that he will soon begin an investigation of chain broadcasting. What that will reveal only the guilty parties, if any, can foretell. Meanwhile they have plenty of time and fair warning to clean house.

That domain composed of ether-space and the natural phenomenon of wave lengths is a public property and resource, as Mr. McNinch sees it. That property is loaned to private industry, first to render a service to the public, and second to earn a reasonable profit. The franchise is granted with the understanding that it will be revoked unless the company serves and behaves as the government thinks it should.

Radio on the Spot

Railroads and power were mentioned by Mr. McNinch as having gotten into trouble with the public by combining for their own interest instead of for the best public interest. He said, in effect, that the trusts had depended on political pull and the use of propaganda to get by. But it didn't work in the long run. The radio industry is more intimately related to the public than any of the older utilities, and its behavior will be more quickly noticed. Mr. McNinch said that a member of the industry told him, "Radio could not survive an Insull."

But while warning of monopoly, which would consist of certain types of chain broadcasting, of management contracts, and of pressure methods in dealing with local stations, the chairman at the same time condoned and even praised the national hookups that produce the fine programs. It is only through the commercial support of huge audiences that the world's best talent can be brought into millions of homes. Regarding advertising sales talks on the air, Mr. McNinch warned broadcasters that the public will revolt against too much talk or bad taste. Some legitimate products and services, he said, simply cannot be talked about on the air. These matters the industry must govern.

The Mae West broadcast was only an incident, but doubtless it did influence the big radio boss in his conclusions on radio ethics. He made it very clear that all creeds, religions, races, ideals and ages must be respected. This is in accord with the democratic rights of minorities. Radio men say that this constitutes a drastic limitation on what may be said and discussed over the air. But none of them argue it is unfair. In the field of music and the other arts of sound there is no limit.

Japanese Boycott

While the boycott on Japanese silk still makes news, latest figures from the Department of Commerce show that it has had very little effect. Actual imports of raw silk from Japan are only 2 per cent below normal. But the organized protest against invasion of China, chiefly evident in women's refusal to buy silk stockings, has brought about some serious consequences.

The State department, of course, is deeply concerned. This country buys about 56 per cent of Nippon's total raw silk production. Our silk bill, therefore is an important item in Japan's war chest. If the boycott should become fully effective, Japan would be no little provoked. That, plus a possible clash with Japanese salmon poachers off Alaska, plus another incident like the Panay sinking in the Orient, might cause real trouble. Conversely, too, another incident might put the boycott under way in earnest.

But there would be little the State department could do about it. Any protests from Japan would have to be answered with a shrug. For a boycott is simply a form of free speech and free press. Any action by the government to the contrary would be a departure from the democratic principle. The Mikado would get the same answer that Hitler got when he complained about Mayor LaGuardia's utterances.

American silk manufacturers are being seriously damaged by the boycott. Fear that another incident will intensify feeling so that women will really decide to do without silk has caused store managers to issue hold orders on stockings and other silk goods. Silk mills and raw silk importers are getting stuck with supplies on hand. It is estimated that $25,000,000 of American capital invested in silk and allied industry has been frozen.

Jobs in Jeopardy

The jobs of more than 200,000 people engaged in the throwing and weaving of silk and in the manufacture and distribution of silk products are jeopardized. When the boycott first started the public supposed that finished stockings and other silk goods came directly from Japan. People did not know that American labor and industry produced the goods from Japanese raw material. This misunderstanding had the instant and remarkable effect of uniting silk capital and labor in a common front to tell the country the facts. William Green himself, president of the American Federation of Labor, had a voice in the telling.

Of course the anti-boycott drive appeared to many suspicious persons, to be in collusion with the Japanese. The textile industry is centered in New York city, and because Japan happens to have a Chamber of Commerce in that city, some critics were inspired to talk treason. But labor and employers succeeded in making their cause clear, and undoubtedly their efforts were mainly responsible for modifying the boycott.

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News Review of Current Events

SPY RING IS SMASHED

Two Men and a Girl Arrested for Selling American Army Secrets to a European Nation Not Yet Named

Here, photographed after their arrest in New York, are Johanna Hofmann of Dresden, Germany, and Guenther Gustav Rumrich, former United States army sergeant and a deserter, two of the three persons accused of complicity in an international spy plot, the aim of which was the sale of United States military secrets to a foreign government. The woman, a hairdresser on the German liner Europa, was messenger and paymaster for the ring.

Edward W. Pickard SUMMARIZES THE WORLD'S WEEK

© Western Newspaper Union.

Three Taken as Spies

GOVERNMENT agents and New York police broke up a ring of spies engaged in selling secrets of the American army and navy to a European nation described as a world power but otherwise not named. Three alleged members of the ring were under arrest and held in heavy bail. Two of them, a former sergeant in the United States army and a private in the army, were said to have confessed. The third was a German girl, hairdresser on the German liner Europa. The G-men were diligently searching for other members of the band.

Guenther Gustav Rumrich, the ex-sergeant, who is a deserter, said he was engaged in obtaining secrets and information concerning military operations of the United States army and was forwarding it through confidential channels to various addresses in Europe.

Erich Glaser, the private, had been stationed at Mitchel Field, New York, the largest army air base on the East coast and key to the air fortifications of the metropolitan area. He supplied certain air corps codes to Rumrich.

Johanna Hofman, the woman arrested, admitted she was the "liason officer and paymaster" between the ring and its employers. Secret code keys and considerable quantities of money were found on her person.

So far as investigators have been able to learn Rumrich sold the foreign power a gold brick. He never transmitted any information that could not be found in the army and navy journal, a publication obtainable by any one.

However, army officials considered the matter of considerable importance and armed guards were placed around military centers along the Atlantic seaboard. At Mitchel Field especial protection was given the hangar housing a bomber used for testing one of the air corps' most precious secrets, a bomb sight capable of aiming heavy air projectiles with great accuracy.

Reorganization Fight

PRESIDENT ROOSEVELT'S bill for reorganization of the executive branch of the government came up in the senate, and immediately was confronted with a strong combination formed to force amendments that would greatly lessen the wide discretionary powers given the President by the measure. This was comprised of both Democrats and Republicans, being much the same line-up that defeated the Supreme court enlargement bill.

Senator Borah

The coalition was headed by Republican Senators Borah of Idaho, Vandenberg of Michigan and McNary of Oregon and Democratic Senators Wheeler of Montana, O'Mahoney of Wyoming and Burke of Nebraska.

An amendment by Wheeler empowering congress to veto any of the President's reorganization proposals within sixty days gained wide support.

Opponents of the bill contend it smacks of dictatorship and would strip congress of its constitutional powers.

Senator Byrnes of South Carolina opened the debate in behalf of the bill.

More Power for Unions

ORGANIZED labor was winner in several decisions handed down by the Supreme court. The rights of employers and of nonunion employees were restricted. A majority of the court upheld the exercise of power which a dissenting opinion denounced as despotic and wholly at variance with the principles of constitutional liberty in this country.

In a Milwaukee case the court held that a demand by a labor union that an employer force his employees to join that union constituted a labor dispute under the Norris-La Guardia act. It reversed a decree issued by Federal Judge Ferdinand A. Geiger and upheld by the Seventh Circuit Court of Appeals, which permanently enjoined a union from attempting to coerce an employer whose employees had refused to join that union.

In two cases the court upheld the right of the national labor relations board, without notice, or hearing, or an election, to require employers to withdraw recognition from an employees' association alleged to have been fostered by the employer.

In a fourth case the court refused to review a decision by the New York Court of Appeals, the state's highest tribunal, which upheld a contract requiring membership in a particular union as a condition of employment.

Soviet Chiefs Face Death

WITHIN a short time we may expect to read of the execution of 21 prominent citizens of Soviet Russia, latest victims of Dictator Stalin's blood purge. They were put on trial before a military tribunal, and there was little doubt as to their fate. Among the accusations against them were conspiring with foreign powers to dismember the Soviet Union, plotting to assassinate Lenin and Stalin, inspiring the assassination of Sergei Kiroff, and putting to death the writer Maxim Gorky and two others previously supposed to have died of natural causes.

Alexis Rykov

Most prominent of the men put on trial were Former Premier Alexis I. Rykov, who succeeded Lenin and held office for nearly two years; and Nikolai Bukharin, chronicler of the red revolution and editor of the government newspaper Izvestia before March, 1937.

Austrian Nazis Checked

CHANCELLOR SCHUSCHNIGG evidently is determined not to let Hitler go too far in Austria. He is sternly suppressing all illegal Nazi activities, and is using the army in doing so. In the Nazi province of Styria thousands of peasants planned to march on Graz and Nazis intended to occupy the government buildings. So the chancellor sent motorized units from the Vienna garrison to guard all approaches to the city, and airplanes scouted about looking for the expected marching columns. This prompt action prevented the threatened uprising and not a shot was fired.

Senate to Probe Reds

SENATOR COPELAND of New York successfully put through his resolution for a special investigation of subversive activities of Communists in the merchant marine. It will be conducted by a committee named by Vice President Garner.

About the same time Harry Bridges, C. I. O. leader on the west coast, arrived in Washington to resist being deported as an undesirable alien. Bridges also demanded a hearing before the senate committees on commerce and labor which had under consideration the bill to extend to maritime labor relations the scope of the railway labor act and the authority of the national mediation board.

Anglo-Italian Plans

SUPPORTED by a large majority in the house of commons, British Prime Minister Neville Chamberlain moved rapidly toward realization of his plan for European appeasement, the basis of which was to be a speedy truce with Italy, to be followed by a four-power pact including Britain, France, Italy and Germany. Chamberlain abandoned entirely the British foreign policy based on collective security. He got rid of Foreign Secretary Anthony Eden, putting in his place Lord Halifax, outspoken friend of Nazi Germany, and defied the opposition of the Labor party in parliament.

Neville Chamberlain

The earl of Perth, British ambassador to Rome, had conversations with Italian Foreign Minister Ciano and was then called to London for further instructions. It was said Perth and Ciano agreed the following points must be discussed and, if possible, made a part of the London-Rome treaty:

Britain must recognize the Italian conquest of Ethiopia.

An Anglo-Italian Mediterranean pact should be arranged to include Italian naval parity with Britain in the Mediterranean, reduction in Italy's troops in Libya, and British assurances that the Suez canal will be safeguarded against closing or air attack.

Immediate cessation of anti-Italian propaganda in the British territories in the Near East in return for which Italy will guarantee not to include anti-British propaganda in its Bari radio broadcasts.

Withdrawal of foreign "volunteers" from Spain was to be demanded by Britain, and it was understood in London that Chancellor Hitler of Germany had agreed to that, and that Italy would not refuse, although Mussolini especially wishes that Franco be granted belligerent rights.

France in Tight Place

FRANCE, it was expected, would adopt a course parallel with that of Britain, for, as Foreign Minister Delbos said, she might otherwise find herself isolated in Europe. However Premier Chautemps served notice on Chamberlain that the French would join in the proposed four-power pact only if protection were assured for Czechoslovakia and Austria. The French secret defense committee met to organize an arms expansion program involving $855,400,000 and to lay plans for defending the Czechs against German aggression.

Chautemps and Foreign Minister Delbos told the chamber of deputies the government intended to seek peaceful settlement with Italy and Germany, but that France would not permit the "installation of any hegemony in central Europe" and would fulfill her engagements with the countries of the little entente.

Thereupon the chamber indorsed this policy of the government by a vote of 439 to 2.

Isolationists Cheered

AMERICAN isolationists saw in the new European developments the eclipse of the internationalism fostered by President Roosevelt and Secretary Hull, and were greatly encouraged in their determination to keep the United States free from foreign entanglements. At the same time the proponents of powerful national defense were elated and the administration's big navy program received a great boost. The house naval affairs committee was about ready to report favorably the billion dollar navy construction bill, which may include provision for the establishment of more naval bases, mainly in the Pacific.

May Cut Farm Subsidies

FARMERS who harvest more than their allotted acreage of major crops face drastic deductions in their federal subsidy payments under the new farm program.

The agricultural adjustment administration announced detailed regulations governing payment of benefits from the 500 million dollars congress is authorized to appropriate for financing the new crop control law.

Crops affected include cotton, corn, wheat, tobacco, rice, potatoes and others designated officially as "soil depleting."

In announcing the regulations, J. B. Hutson, assistant AAA administrator, said the subsidy or soil conservation phase of the farm program was designed to do more than improve and maintain soil fertility. He said it will tend to keep production in line with crop requirements.

Dieterich Drops Out

SENATOR W. H. DIETERICH of Illinois "in the interest of party harmony" has withdrawn as a candidate for Democratic renomination in the April 12 primaries. This leaves the field clear for the factional fight between District Attorney Igoe of Chicago and Congressman Scott Lucas backed respectively by the Kelly-Nash machine of Chicago and Governor Horner. Dieterich has been a devoted supporter of the administration and may be consoled with a nice federal post.

Fashions Bloom in Spring

EXCEPTIONALLY smart new things for yourself and your daughter, that you'll enjoy making right now, and wearing on into the summer. Yes, even if you've never done much sewing, you'll enjoy working from our simple, easy-to-follow patterns, each accompanied by a complete and detailed sew chart. Hundreds of beginners are saving money, and creating really individual clothes, by making their own this season.

The Charming Basque.

Here's a perfect design for slim, youthful figures. The snug basque top, above a full, rippling skirt, is dramatized by little puff sleeves. Think how delightful it will look, made up in a plain or printed material, either one, but choose something colorful, because it's such a gay, young little dress.

Little Girl's Dress, With Doll.

Yes, this pattern brings you directions for making the little girl's dress, the doll, and a dress for the doll just like her small mama's. Just think how all that newness will make your little daughter dance with joy. The child's dress is a darling, with its full skirt, pockets, puff sleeves and round collar. Make it up in printed percale or gingham. Old-fashioned rickrack braid would be pretty to trim it.

The Classic Shirtwaist.

This is distinctly a woman's version of the indispensable shirtwaist dress, gracious, slenderizing and dignified. The shoulders are beautifully smooth and the skirt has exactly the correctly tailored, straight effect. It's so easy to make, and looks so smart, that you'll want it now in sheer wool or light-weight flannel, and later in tub silk or linen.

The Patterns.

1471 is designed for sizes 12 to 20 (30 to 38 bust). Size 14 (32) requires 4½ yards of 39-inch material, with ⅜ yard of contrast for collar. Belt not included.

1411 is designed for sizes 2, 3, 4 and 5 years. Size 3 requires 1¾ yards of 39-inch material, with ¼ yard of contrast for collar, and 1¾ yards of edging to trim. Doll's body is included in the pattern. Sixteen-inch doll requires ½ yard of 35-inch material, with ⅜ yard for doll's dress, and ¾ yard of edging.

1207 is designed for sizes 34 to 50. Size 36 requires 4⅜ yards of 39-inch material, with short sleeves. With long sleeves, 4¾ yards.

Spring-Summer Pattern Book.

Send 15 cents for the Barbara Bell Spring and Summer Pattern Book which is now ready. It contains 109 attractive, practical and becoming designs. The Barbara Bell patterns are well planned, accurately cut and easy to follow. Each pattern includes a sew-chart which enables even a beginner to cut and make her own clothes.

Send your order to The Sewing Circle Pattern Dept., 149 New Montgomery Ave., San Francisco, Calif. Patterns 15 cents (in coins) each.

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Youth's Place

Young men are fitter to invent than to judge; fitter for execution than for counsel; and fitter for new projects than for settled business.—Francis Bacon.

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4 cups of GARFIELD TEA
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KEEP CLEAN INSIDE!
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Every-Day Fasting

Holiday feasting makes every day fasting, unless you save while the money's lasting.—Plautus.

MEN LOVE GIRLS WITH PEP

If you are peppy and full of fun, men will invite you to dances and parties. BUT, if you are cross, lifeless and tired, men won't be interested. Men don't like "quiet" girls.

For three generations one woman has told another how to go "smiling through" with Lydia E. Pinkham's Vegetable Compound. It helps Nature tone up the system, thus lessening the discomforts from the functional disorders which women must endure.

Make a note NOW to get a bottle of world-famous Pinkham's Compound today WITHOUT FAIL from your druggist—more than a *million* women have written in letters reporting benefit.

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Be that which you would make others.—Amiel.

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Used by millions for 30 years. Recommended by many doctors and nurses. All druggists'. In three strengths: Regular Strength, Children's (mild), and Extra Strong. Approved by Good Housekeeping.

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● Now is a good time to learn more about this newspaper which is made especially for you. Just for fun ask yourself this question: How could we get along without newspapers?

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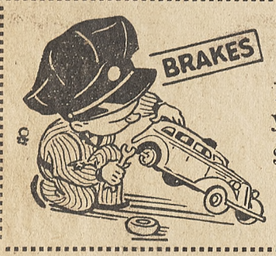

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Flower Seeds to Plant in March

Sow the following seeds in the open ground—Calliopsis, Balsam, Candy Tuft, Centaurea, Clarkia, Annual Chrysanthemum, Four Flowering Cosmos, Daises, Four o'clocks, Baby Breath, Larkspur, Lupin, Marigold, Migwonette, Nasturtium, Phlox, Poppy, Sunflower and Sweet Peas.

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Church History--

(Continued from Page 1)

of incorporation. This is no exciting story of the building of the Church as there might have been recorded like the one in Chronicles 28. There is no prayer of dedication. As a matter of fact, the secretary who wrote the minutes of the meetings two years late, forgot just where the meetings were held. Hence in the records, there is the notice of the meeting, and when it tells the place, the word "schoolhouse" is written and crossed out and the word "church" substituted. The only way we have of knowing that there was a church built at all is to see that the session meetings were held in the church.

There is an interesting annual report for the year 1899. There were at that time, a total of21 members, 14 in the S. S. The congregation raised $145 that year, while the S. S. raised $28.70. I don't look with scorn on this. Another church started with 12 members and no money but with a deal of faith, and there has been no end to its influence and history.

Every year the records are signed by the moderator of Presbytery. There are some distinguished names in our records. In April 1910 our book has the signature of Thomas E. Stevenson, the brother of Dr. J. A. Stevenson who is to speak to us next Friday, March 11th.

(Continued Next Week)

GRANGE MEETING

The El Cajon Valley Grange held a regular business meeting Tuesday night at the Bostonia Parrish House. Following the meeting refreshments were served as usual.

On March 22nd the Grange is planning an evening of entertainment following their open meeting. At this time a silk quilt will be given away as will various door prizes.

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B. J. Conrad Service Station
Woodside Ave. Lakeside Phone El Cajon 782-2

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We sell 7 Up & 30 below
and some points in between
Butter-nuts--Babe Ruth--Best Pal &
Nuts to you!
And 14 kinds of Cigarettes.

The Lakeside Service Station
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$1 Special

HERE IS A REAL BARGAIN FOR YOU

A lubrication service which includes Complete lubrication of all points in your car, checking of rear end, transmission, battery, tires, and cleaning inside.

Floor mats, running boards and tires painted and striped.

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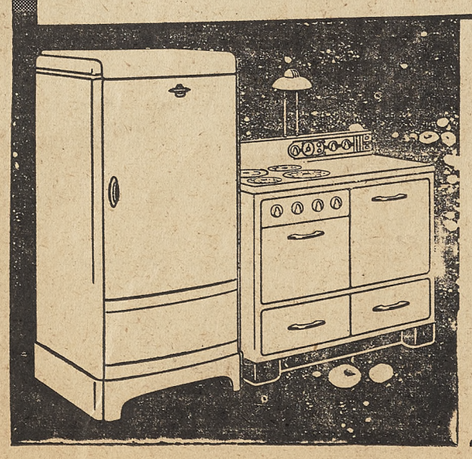

FRIGIDAIRE WITH NEW SILENT METER-MISER
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—gives more advanced cooking and baking features than any other 2 ranges combined! Come in! See this marvelous new cooking sensation.

See Frigidaire First and Save!

LAKESIDE SUPPLY CO.
R. L. SWEARENGIN

COFFEE

Point Loma, lb. 25c
Blended for Coffee Cranks
Breakfast Cup lb. 15c
Flavor With Economy
Schillings lb. 27c
Schillings 2 lb. 53c

Post Cereal Deal

1 Post Toasties
1 Huskies
1 Post's Bran Flakes
All Three For
29c
1 Grapenuts Flakes Free

A 1 Pancake Flour
SMALL 10c LARGE 20c

Silvergate Syrup
2½ lb. Jar 23c

Grand Opening

BARKER and LANTZ

ALLIED FOOD STORE

SUCCESSOR TO H. O. MARCKS

9c 9c

PAY DAY

TOMATOES— No. 2 1-2 CAN
CORN — MEDIUM CAN
White or Golden
PEAS — MEDIUM CAN
9c 9c

PAY DAY No. 2 CAN
Cut String Beans 3 for 25c

PAY DAY 12 oz. Bottle
Catsup 10c

POINT LOMA No. 2 CAN
Tomato Juice 3 for . . 25c

Announcement

WE EXTEND A CORDIAL WELCOME TO ALL RESIDENTS OF LAKESIDE AND VICINITY TO VISIT OUR STORE. THE SAME HIGH-GRADE LINES OF MERCHANDISE HANDLED HERE FOR SO MANY YEARS BY H. O. MARCKS WILL BE FEATURED.

OUR SUCCESS DEPENDS UPON PLEASING YOU, AND YOU MAY TRADE HERE WITH THE GUARANTEE OF SATISFACTION

YOU WILL FIND SAN DIEGO PRICES THROUGHOUT THE STORE—ONE MORE REASON FOR TRADING IN LAKESIDE AND HELPING YOUR OWN COMMUNITY.

BARKER AND LANTZ

SALMON

POINT LOMA No. 1 TIN
Fancy Red Alaska 29c
SILVERGATE No. 1 TIN
Med. Red Alaska 22c
PAYDAY No. 1 TIN
Pink Alaska 13c

MILK - ALL - PURE
Tall Cans 3 for 20c

SILVERGATE 8 oz. TIN
Hot Sauce 3 for 10c

SILVERGATE
FLOUR No. 10 Sack 39c
No. 5 Sack 22c
A Dandy All—Purpose Flour

BIG DRAWING

Sat. March 12
at 8 P. M.
12 Bags of
Groceries
FREE

TICKET WITH EVERY 25c PURCHASE
YOU MUST BE PRESENT TO WIN A PRIZE

Jelly
7 oz. Jar 2 for 19c
Pure—All Flavors

Olives
Queen—2 oz. Jar 2 for 19c
Stuffed—1 3-4 oz. Jar 2 for 19c

Pineapple Juice
12 oz. TIN 3 FOR 26c
NO. 2 TIN 2 FOR 25c
Liquid Hawaiian Sunshine

Prindle's MEAT Specials

29c PER LB.
CUDAHY'S Puritan Tender Ham
MADE TENDER BY A NEW PROCESS
⅓ LESS COOKING TIME

Samples Served All Day Saturday

Pot Roast of Beef . . 17c lb
Rib Roast of Beef . . 22c lb
Sirloin Steak . . . 25c lb
Fresh Pork Neck Bones 10c lb
Rival Sliced Bacon . . 22c lb
Loin Pork Roast . . . 23c lb

Free Ballons for the kids

PAY DAY No. 2 1-2 Can
Peaches - - 15c
Halves or Sliced
Pineapple - - 19c
Sliced No. 2 1-2 can

Jello six flavors 5c
And Chocolate Pudding

SUNSHINE 1 lb. Pkg.
Krispy Crackers 16c

TWO OF THE HEINZ 57
Heinz Strain Foods
For The Baby
3 for 25c

Heinz Soup 2 for 25c
Medium Can

SILVERGATE
Granulated Soap
19c Package
23c

WHITE KING
Granulated Soap
19c pkg. 30c

Laundry Soap giant bar 4c

VEGETABLES

Apples 10 lbs. for - - 25c
NEWTOWN PIPPINS
Potatoes 10 lbs. for - - 15c
No. 1 RUSSETTS
Celery - - - - 5c
LARGE UTAH
Grapefruit - - 2 for 5c
LARGE SIZE
Lettuce - - - 2 for 9c
LARGE IMPERIAL VALLEY
Cauliflower - - - 5c
LARGE HEAD
Tomatoes 3 lbs. for - - 25c
IMPERIAL VALLEY
Bananas 5 lbs. for - - 24c

THE LAKESIDE FARMER
Issued Each Friday Morning at
LAKESIDE (San Diego County) CALIFORNIA

JAMES E. SMITH — EDITOR and PUBLISHER
LILLIAN KOPPEL — ASSOCIATE EDITOR
DON G. JAMIESON — COLUMNIST and STAFF WRITER

Entered as second class matter Nov. 30, 1936, at the Post Office at Lakeside, San Diego County, California, under Act of March 3, 1879

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One Year, $1.50 Six Month, 85c Single Copy, 5c

Correspondence, and Advertiseing Copy must reach our office before 3.00 P. M. Wednesday to insure publication.

TELEPHONE: EL CAJON 881-2

Legal Notice

ASSESSMENT NOTICE

Lakeside Farms Mutual Water Company, Location of Principal Place of Business, Lakeside, California.

Office of Corporation: Pumping Station No. 1 of Said Corporation, Lakeside Farms, Lakeside, California.

Notice is hereby given that at a meeting of the Board of Directors of said corporation held on the 28th day of February 1938, an assessment of five (5) cents per share was levied upon the capital stock of the corporation, payable immediately in United States gold coin to W. H. Walker the Secretary and Treasurer of said Corporation, at his residence on the Lakeside Farms Tract, Lakeside, in the County of San Diego, State of California.

Any stock upon which this assessment shall remain unpaid on Saturday the 30th day of April 1938, at 12 o'clock m. of said day, will be delinquent and advertised for sale at public auction, and unless payment is made before will be sold on Tuesday, the 31st day of May 1938, at 12 o'clock m. of said day to pay the delinquent assessment, together with the advertising and expenses of sale. The place of said sale will be at Pumping Plant No. 1 of Lakeside Farms Mutual Water Company in the County of San Diego, State of California.

By order of the Board of Directors.

All checks drafts and postoffice orders should be made payable to the Company.

W. H. Walker Secretary

Published Mar. 11, 1938 in the Lakeside Farmer.

NOTICE OF INTENTION TO ENGAGE IN THE SALE OF ALCOHOLIC BEVERAGES

March 7, 1938

To Whom It May Concern:

Notice is hereby given that fifteen days after the above date, the undersigned proposes to sell alcoholic beverages at these premises described as follows:

Lakeside Service Station, Woodside & Los Coches Roads., Lakeside.

Pursuant to such intention, the undersigned is applying to the State Board of Equalization for issuance of an alcoholic beverage license (or licenses) for these premises as follows:

On Sale Beer

Anyone desiring to protest the issuance of such license (s) may file a verified protest with the State Board of Equalization at Sacramento, California, stating grounds for denial as provided by law.

Thomas B. Butler

Published Mar. 11, 1938 in the Lakeside Farmer.

Constipated?

"For 30 years I had constipation, awful gas bloating, headaches and back pains. Adlerika helped right away. Now, I eat sausage, bananas, pie, anything I want. Never felt better." Mrs. Mabel Schott.

ADLERIKA
Hardin Pharmacy

CAPTAIN CHARLES JOHNSTON TO GIVE LECTURE DEMONSTRATION

Monday nite the 14th of March Captain Charles Johnston of the San Diego Fire Dept. will give a lecture and demonstration at the First Aid Class held at the La Mesa Grammar School from 7:00 to 9:00 p. m. An H. and H. inhalator will be demonstrated and the lecture will cover the use of the inhalator in resuscitating unconscious persons. All adults in Grossmont High School Dist. who are interested in this type of First Aid are invited to the meeting.

MARRIED IN YUMA

Mr. Ruth Gibbs Allen and Vernon Scott motored to Yuma, Arizona last Tuesday, March 8th and were married.

They were accompanied to Yuma by Mr. and Mrs. Ralph Gibbs and son George, and Mrs. Alma Birdsell all of Lakeside. Others who attended the wedding were: Mr. and Mrs. Ira Scott, Mr. and Mrs. Robert Gates, and Mr. F. Conners all of Holtville.

The bride was attired in a blue sport dress with grey accessories.

The young couple are now honeymooning in the northern part of the state and upon their return will make their permanent residence in Holtville where Mr. Scott is employed.

DON'T FORGET!

To come to the A. S. B. play, "The Cat and the Canary." which will be given this Friday Mar. 11 at the Grossmont auditorium, at 8:00 p. m. Come early if you want good seats.

Woman's Club
TO HOLD SECOND
CARD LUNCHEON
THURS. MAR. 17TH
LUNCHEON AT 12:30
PRICE—25c CARDS—10c
a Corner

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SELF-PORTRAIT
of many Business Men

Many a business man pictures himself as a sort of modern Atlas—supporting the fate of the world on his shoulders.

He sincerely regards his work as indispensable to the success of the business, and recoils from anything that he feels might take him away from his job.

That's why it usually is so difficult to get such a man to pay proper attention to his health, even though he is troubled by persistent signs and warnings that something is wrong.

For at any suggestion that he heed these warnings—that he see his doctor—he says: "Yes, yes, I suppose you're right. But what if the doctor should order me to stop work for awhile? Who'd take care of my job? What would happen to the business?"

And the irony of it is that by his attitude he is inviting the very thing he feared! For one of the surest ways of encouraging a serious sickness is to neglect a seemingly small one. Heart and other organic diseases, stomach ulcers, and nervous disorders—diseases to which men in the so-called "prime of life" are particularly susceptible—thrive on neglect.

When you see your doctor he may, to be sure, prescribe a short rest. But isn't that better than a forced long rest later? He might say: "Take things a little easy. Leave the office an hour earlier at night." But isn't that better than driving on relentlessly until you're carried out of the office?

Let us hope, of course, that your disturbance will turn out to be a minor one—and that its treatment will be simple, its correction rapid. But whatever is wrong, you'll be better off if you start correcting it before it becomes really serious. The most sensible thing you can do, therefore, is to see your doctor now.

LAKESIDE PHARMACY
John A. Rocchio, Prop.
Phone 1022 Lakeside

CONGRATULATIONS
Otis Barker - Adreon Lantz
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Woodside Ave Lakeside Phone El Cajon 781

Otis
We wish you lots of Success in your new business enterprise
Cecil's Cafe

WILLIAM MACLEOD RAINE'S

To Ride the River With

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SYNOPSIS

Ruth Chiswick of L C ranch, obsessed by fear of danger to her outspoken and bullheaded father, Lee, from a band of lawless rustlers headed by Sherm Howard, decides to save him by eloping with young Lou Howard, Sherm's son, and comes to the town of Tail Holt to meet him. While in Yell Sanger's store, a crook-nosed stranger enters, sizes up the situation, and when a drunken cowboy, Jim Pender, rides in and starts shooting, protects Ruth, while Lou Howard hides. Disgusted with Lou's cowardice, Ruth calls off the elopement, and sends the stranger for her father at the gambling house across the street. There the stranger, calling himself Jeff Gray, meets Morgan Norris, a killer, Curly Connor, Kansas, Mile High, Sid Hunt, and other rustlers, and Sherm Howard. Lee Chiswick enters, with his foreman, Dan Brand, and tells Sherm Howard of his orders to shoot rustlers at sight. Jeff Gray returns to Ruth and coldly reassures her of her father's safety.

CHAPTER II—Continued

—3—

"I'm grateful to you for your advice, sir, and I'm sure Father will be," she said, the sting of a small whiplash singing in her voice.

He disregarded her jeer. Apparently he was as oblivious of her annoyance as he was of the pristine glamor of her vital youth.

"Bull-headed was the word you used," he went on evenly. "It suits Lee Chiswick fine. When Pender busted into the Golden Nugget, yore father was reading the riot act to a dozen scalawags waiting for the signal to cut loose at him."

"Whose signal?" she asked, the blood driven from her face.

"Seemed to be Sherm Howard's say-so. Get me right. I'm playing my own hand, and I don't give a cuss whether you smile or snap. I'll tell the old man his dear daughter is here, and you can feed him any story you've a mind to, at any time. If he goes back across the road and gets rubbed out, it is none of my business."

She had lorded it over boys with a high hand. That she could not break through his callousness irritated her. Surprisingly, she felt young and immature, was moved by an impulse to defend herself.

"I'm not ashamed of what I've done," she said, bridling.

"That's nice. Tell him you came to town to buy a paper of pins."

"You're impudent."

"Am I?"

He faced her anger with a long look of amused scorn, then turned away, insolently indifferent. The girl wanted to call him back, to lash out at him with pelting words that would sting, but she was aware that nothing she could say would penetrate his impassivity. His opinion of her had not been swayed by any personal pique.

Gray walked back into the gambling-hall.

Sanger had the floor. "Who did this, Curly?" he asked.

Curly pushed a hand through his black hair. "Couldn't tell you for sure, Yell. Half a dozen of us took a crack at him. He rode in asking for trouble and got it. Blazed away with his rifle and handed in his checks pronto. Maybe you better make yore verdict read, committed suicide while temporarily insane."

Norris volunteered information, slanting a sneer at Chiswick. "No objections anywhere, I reckon. We can be bullied just so far."

"No objections from me," Sanger agreed.

"Pender came in on my horse Black Diamond, so if you want to make the killing more legal you can claim he was a horse-thief," Curly suggested humorously.

"Or self-defense," Sanger amended seriously.

"Who cares how legal it was?" Norris said. "No four-flusher can come in here and hurrah me."

Dan Brand recognized this as a personal challenge flung at his employer. "Only a crazy fool would try, Morg," he answered amiably.

"You don't need to be carrying a chip on yore shoulder, Morg," Howard said, with a warning glance. "If there is rustling going on, we all want to back up Lee."

"Did you say 'if' there was any rustling?" Chiswick inquired, harsh irony in his voice.

Howard laughed without mirth. "You're hard to please, Chiswick. I don't pick my words like a professor. If you're not on the prod, as Brand claims, you sure have a funny way of being pleasant."

"Did I say I was aiming to be pleasant?" The cattleman let his hard gaze shift from Norris to Howard. "Someone ran off a bunch of 50 of my cows last night. If you expect me to grin and say, 'Help yourselves, boys,' you can have another guess. I'm going to fight."

"When a bull gets to pawing the ground he most generally gets accommodated," Norris insisted, not shifting his narrowed gaze from the owner of the L C.

"Shut up, Morg," interposed Curly affably. "Can't expect a man to sit quiet while he is being stole blind. Tell you what, boys. Some of us will be heading into the hills soon. We'll keep our eyes skinned. Like as not some of us will spot this bunch of L C stuff."

"I wouldn't wonder if some of you did," Chiswick said bluntly.

The cattleman turned to leave the saloon.

Gray stopped him with a gesture. "Just a moment, Mr. Chiswick."

"What you want?" the ranchman asked.

Gray lowered his voice. "There's a young lady over at Sanger's who says she is yore daughter. She would like to see you right off."

"My daughter? What's she doing here?"

"Better ask her."

The red-headed man had nothing more to say. He turned to the bar and ordered a schooner of beer. Chiswick and his foreman walked out of the place.

Out of the corner of his mouth Mile High said to his chief, "That's the guy I was telling you about."

Howard nodded. He observed that Curly was sauntering to the bar. So was Norris.

The big black-haired man gave an order to the bartender. "A Curly special."

Selecting a bottle, the man in the white apron pushed it across the top of the bar. Curly poured a drink and tossed it down his throat.

"Hot enough to melt the tallow

Chiswick offered his hand.

off'n a guy taking a long ride," he said amiably to the stranger.

"Sure is," agreed Gray.

"Expect you're spittin' cotton."

"I can stand a beer."

"In the cattle business?"

"More or less. At loose ends right now. Kinda lookin' around."

"My name is Connor," said Curly. "This is Mr. Norris."

"Glad to meet you. I'm Jeff Gray. A stranger in these parts."

Norris rolled a cigarette. "Tough Nut is a good town," he said. "Booming these days. Mines are doing fine. Plenty of money there."

"I'm not a miner," Gray told him, recognizing the invitation to move on, but disregarding it. "Fact is, I'm not much of a town man anyhow, except when I drift in to blow my savings. I've been in the cow business all my life."

"In Texas?" Norris asked with a casual manner.

"Here and there."

"Noticed when I was outside that you're riding a Brazos saddle. My choice, too, especially when I'm riding a long ways."

Gray remarked non-committally that a saddle made a lot of difference to a rider's comfort.

"Been dry in West Texas for quite a spell, I read," Curly volunteered.

"So the papers claim."

"Thought maybe you had come from down that way? Try one of my specials, Mr. Gray."

"May I have another beer instead, Mr. Connor?" Gray asked. "I certainly swallowed a lot of dust today."

Norris strolled across to Howard. "This sorreltop is on the dodge, looks to me," he said. "Mighty careful to give no information."

Lee Chiswick caught sight of his daughter standing in front of Sanger's store and strode across the street to her.

"What are you doing here?" he demanded.

Evading his question, she said, "I've been worried about you."

"What for?"

"When I heard the shooting, over in the Golden Nugget, I thought. . ."

Her voice faltered. No need to tell him what she had thought. He knew.

The cattleman spoke more gently. "You knew I was there?"

"Yes. I saw you and Dan go in. I hadn't time to stop you."

"Stop me?" He frowned. "I'm not so feeble I need a girl to look after my doings."

Already Chiswick had jumped to the conclusion that she had followed him to town because she was afraid he would get into trouble with the rustler group.

"I know, but—you're so bull-headed, Father."

"Nothing of the kind," he protested hotly. "You wouldn't expect me to let these dirty thieves drive off a bunch of 50 cows at one crack without a squawk, would you?"

She shuddered. "When all those guns roared—"

"They weren't shooting at me, honey." His mind harked back to the reproof she needed. "You had no business coming to town—not to Tail Holt. We stay away from this place. You know that."

"You didn't."

"Dad gum it, girl, I'm your father. You don't have to tell me what-all I can and can't do." He slammed his fist down into the palm of the other hand. "You act like you rule the roost. Well, you don't. Not by a jugful. Understand?"

"Yes," she said, with more humility than was customary, since her mind was still full of the crazy thing she had done.

Ruth was still thinking of her escapade with Lou Howard. She could not understand how it had ever gone so far. She knew now she did not love him, never had. That she had not seen through his shallow weakness earlier hurt her pride.

Later she knew she would flog herself with her own scorn. She was a lying little cheat for not telling her father the truth. But she dared not confess without preparing his mind first. It would be like Lee Chiswick to walk across to the Golden Nugget to have it out with Sherm Howard.

"We'll go over to Charley Wong's restaurant for supper," Lee Chiswick said. "Dan is waiting for us over there."

Back of the restaurant they found a bucket of water, a tin pan, a thin piece of dirty soap, and a roller-towel much the worse for use.

The cattleman called Wong. "This towel has half of Arizona on it, Charley. Bring a new one—and another piece of soap."

The Chinaman grinned. "Velly good," he said.

Inside the restaurant Dan Brand was waiting at a table in a corner. Across the aisle from him sat Gray.

Ruth touched the cattleman on the arm by way of calling his attention. "This is Mr. Gray, Father. When that drunk man came shooting into Sanger's store he looked after me."

"Looked after you—how?" asked Chiswick.

"Pushed me back of some sacks of potatoes and stood in front of me."

Chiswick offered his hand. "Glad to meet you, Mr. Gray. I reckon my daughter has thanked you, but I'll do it again."

"Nothing worth mentioning what I did, but she thanked me proper," the crook-nosed man said dryly.

"Since you haven't eaten yet, won't you join us?" the cattleman invited.

Gray moved to the other table.

"My foreman, Dan Brand," Chiswick introduced. "Dan, this is Mr. Gray."

The two men shook hands, estimating one another with their eyes. Chiswick motioned Gray to the vacant chair beside his daughter.

They fell at first into casual talk of cows, grass, markets.

"Looks like a country of small ranches," Gray said presently.

"Yes," Chiswick confirmed. "Plenty rough in these hills. Cut up by gulches and canyons where nesters have settled."

"Your ranch is lower down?"

"Yes. Runs up from the Sweet Spring valley into the hills."

"From what I heard at the Golden Nugget I gather the L C is a big outfit."

"My brand is on a lot of stock—or was," the cattleman said grimly.

"Still is," Brand amended.

"I reckon." Anger flamed in Chiswick's tanned face. "Won't be long unless we can stop this big steal that is going on. A few of those rustlers will have to be strung up as a warning."

"Better not talk," advised Brand in a low voice.

"Why shouldn't I talk?" Chiswick demanded. "This is a free country, and I've never yet seen the color of the scoundrel's hair that could keep me from saying my mind."

"You don't mean red particularly, do you, Father?" Ruth asked, slanting impudent eyes at Gray. "Or do you?"

The cattleman smiled, ruefully. "Figure of speech, Mr. Gray. No, I don't mean red." He turned to his daughter. "You little minx."

"None of my business, Mr. Chiswick," Gray said bluntly. "But what Mr. Brand says is good medicine. Why talk any more? You've said yore little piece. I'm an outsider, and never saw one of those gents at the Golden Nugget before. But there were some present who didn't take yore remarks kindly. I am of opinion that the chuckle-headed false alarm who rode in and got filled with lead did you a considerable service."

"His chunk sure went out sudden," Brand commented. "I wouldn't say you're not right, Mr. Gray. While Lee was on the prod I didn't feel anyways lead immune myself. They're not bad boys, in a way of speaking, but they are some quick on the trigger."

"No, they're not bad," Chiswick replied scornfully. "Practically all of them are thieves, and some are killers, and a few have robbed trains and stages. Maybe 40 per cent of them have shot down Mexican vaqueros who were defending their masters' herds. But what is a Mexican here and there? Remember the Alamo! Yes, sir. Just a bunch of nice cowboys who take no pleasure in killing unless someone gets in the way of what they want."

The summit of Mule mountain had been a crag of fire in the sunset when they had gone into the restaurant. As they came out, Ruth noticed that the crotches between the peaks were lakes of imperial purple. Soon darkness would sift down from the hills.

"We're out of coffee and baking soda," Ruth told her father. "Better get some while we're here, don't you think?"

"Yes. Enough to last us till someone can get to Tough Nut. Anything else you need?"

"I'd like some nutmegs, and a box of matches."

Chiswick asked the foreman to get Ruth's cow-pony and tie it at the hitchrack with the other two. Gray walked with the father and daughter as far as Sanger's store.

"I'll be saying adios," he told them, and added, his ironic smile on Ruth: "Nice to have met up with you."

She said the pleasure was hers, said it very coolly, and turned into the store. The place was lit by two coal-oil lamps suspended from the ceiling. Near the rear something covered by a sheet lay on a cot. Ruth guessed that what was resting there so still had been roaring with drunken life less than an hour ago.

Two customers were in the store. One was a slim, graceful, fishy-eyed man, neatly dressed, with a silk bandanna tied loosely round his brown throat. His companion called him Morg. The other she had met at a dance. He was a fine figure of a man, slender and broad-shouldered, with black, curly hair that had given him his nickname. Connor, she had heard him called, and she knew that Curly was his cognomen among the cowboys.

(TO BE CONTINUED)

Logging Great Industry in Canadian Woods; Thousands of Workmen Employed

Logging in the woods in Canada provides employment for about 240,000 workers on a part-time basis, or for an average of about 84,000 men yearly.

Logging operations are generally conducted in unsettled or sparsely settled country at considerable distances from the ordinary routes of travel. In the typical logging camp in eastern Canada there are usually from 30 to 75 men. The buildings are of a temporary nature, built of logs or rough boards, and usually include a cookhouse, sleep camp, stable, storehouse, and blacksmith's shop. The built-in bunks filled with boughs or hay are being replaced by iron double-deck bunks with springs, mattresses and blankets. The houses are heated with large wood-burning stoves, and though the regulations call for provision for ventilation, the lumberjacks are not very fussy about this item. But they do want heat, and since fuel is cheap and abundant, they get it. Life in the open keeps them healthy at all times.

The food is generally excellent and varied, including fresh meat, salt and smoked pork, potatoes and fresh vegetables, canned and dried fruit, eggs, beans, and a variety of pies and cakes.

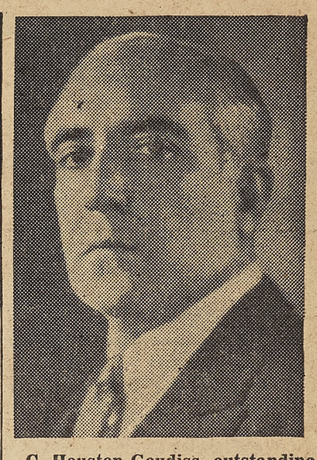
In British Columbia many of the camps consist of cabins which can be moved on railway cars. They hold only four to six men each, and are furnished with single beds, blankets, sheets and pillows, and tables and chairs. Hot and cold water showers are often provided and the meals are a revelation to the visitor. The men pay for their board and lodging and so can have what they are prepared collectively to pay for. In the East the men are paid for the most part by the month, with board provided. As long transportation in British Columbia does not depend on the presence of snow, the camps operate throughout the year, usually about 200 days.

WHAT TO EAT AND WHY

Food Provides the Key to Mental and Physical Power

You Can Be Strong, Beautiful, Wise, Rear Healthy Children Only If You Know How to Combine the Right Food Materials in the Diet

By C. HOUSTON GOUDISS
6 East 39th Street, New York.



C. Houston Goudiss, outstanding food authority, author, and radio lecturer, author of "What to Eat and Why." He knows food from soil to serving, from table to tissue. Watch for his articles each week.

SINCE the world began, food has been man's first consideration. For it he has fought and died. To find it he has traveled over great continents and braved unknown dangers. His quest for food has changed the map of the world and colored the history of nations. But in all of these historic struggles, he has been motivated solely by the desire to get enough food to satisfy hunger.

Today, actual hunger is rare. But hundreds of thousands of people starve in the midst of plenty because they do not realize the tremendous power of food for good or for evil.

They do not realize that as a man eats, so he is, and that his choice of food materials gives or takes away the power to live vigorously—to think clearly—to feel warmly—to be strong, healthy and wise.

It can be truly said that your food is your fate. It has the power to shape your body—to make it strong and beautiful, or weak and ugly. It has the power to influence your language, your gait, your tone of voice, in short—your life. With the right food, life becomes a glorious adventure, for it increases your leadership, intensifies your magnetic qualities, strengthens your morale, and increases your physical defenses and resistance. Without it, one drags through miserable days—never realizing even half of his potential mental and physical powers.

Food—the Fuel of Life.

The human body is a machine, far more complex than any machine devised by the mind of man. Food is the fuel which runs this amazing machine. Food is also the material used to repair worn-out parts, and to keep the intricate mechanism in good working order.

The body machine cannot be run efficiently without proper food fuel any more than a car could be run without gas, or a house could be heated without oil, coal or wood.

Food also has the power to speed up or slow down the workings of the mind. It likewise influences the state of our nerves, the warmth of our affections, the type of characters we possess.

Finally, the power to have strong, healthy children is based on proper food. And nutritional scientists have discovered that the wrong food can even take away from us the greatest blessing that Nature has bestowed—our earthly immortality. For it can deprive us of the ability to bear children who will carry on after we are gone.

Six Groups of Food Substances.

What food substances are necessary to build and maintain top health—to develop the greatest physical and mental power? There are six groups of food substances which must be included in the balanced diet which promises increased health, happiness and longevity:

1. PROTEINS which build and repair body tissues. These are found in such foods as milk, eggs, meats, fish, cheese and nuts.

2. FATS which yield heat and energy. The fats are represented by butter, cream, oils and the fat of meats.

3. CARBOHYDRATES — the starches and sugars. These also supply heat and energy, and are found chiefly in such foods as bread, potatoes, cereals and sweets.

4. MINERALS which build, repair, protect and regulate. Among the minerals which are absolutely necessary to health and vigor are calcium, phosphorus, iron, copper, iodine, sulphur, manganese, magnesium, sodium and potassium. These are found in varying amounts in milk, eggs, fruits, vegetables, whole grain cereals and meats.

5. VITAMINS which are necessary for body regulation, and as a protection against dread deficiency diseases. Six have been discovered to date—A, B, C, D, E and G.

6. WATER which is a part of all body tissue and must be present in order to have the other food elements function properly.

The ideal dietary is one that includes a correct proportion of the different food elements required to supply bodily needs without any of them being supplied in excess, or in insufficient amounts.

Danger in Omitting One Essential

To illustrate how important it is that not one of the necessary food substances be omitted, let me tell you how an eminent bio-chemist proved in his experimental laboratory, in one of our leading universities, that the difference between stupidity and genius depended upon the presence or absence of one vitamin.

He placed a pregnant animal upon a diet adequate in every respect, except that it lacked one of the six vitamins. As soon as her young were born and weaned, they were fed a completely adequate diet.

Then the scientist tested the mentality of the young animals. He wanted to find out whether or not their mental power had been injured in any way by the fact that their mother—during pregnancy—had been deprived of one vital food element. So he put them in a runway. To get out of this—and reach a tasty morsel at the other end—they had to make their way through a series of passages. He had already made this same test on the same type of animals born of properly fed mothers. He knew that it never took them more than 25 trials to learn their way out of the maze. Most of them had gotten out after 15 to 18 attempts.

But what lack of skill was shown by the animals whose mother had been deprived of proper food! The stupidity of these pathetic little creatures was unbelievable. Some of them never learned to thread the maze and reach their goal, even after as many as 250 trials. They were being given—at the time—everything that was necessary to their diet. But they had entered life with minds totally unequipped to cope with the world—because their mother had not been properly fed before they were born.

This is a striking example of the power of food to make or mar existence. I could cite hundreds of other laboratory experiments, many of which have been confirmed by clinical experience.

Nor is this power of food to affect mental activity confined to prenatal life. Even if a child enters this world with a strong body and a clear mind—the wrong food during childhood has the power to wreck health.

Investigation after investigation, by leading specialists throughout the country, has proven that a surprising percentage of retarded children—those who cannot keep up with their school grades—do not really have inferior minds. They only seem stupid because the action of their minds is clogged and slowed down by sluggish, under-fed bodies. Their brains are like machines which cannot attempt the speed of which they are capable—because the proper fuel had not been provided.

Physical fitness is a far greater asset than material possessions. For in times of stress and trouble, those who can stand up under the physical strain win the battle. For those who collapse, all is lost.

The Homemaker's Responsibility.

Every wife and mother is therefore faced with the tremendous responsibility of keeping her family mentally and physically fit. Her husband must have the right kind of food in order to earn a living. Her own diet must be adequate and well-balanced if she is to have the energy, wisdom, and patience required of a mother at all hours of the day. Her baby will not grow into a healthy man or woman unless he or she has the right nourishment from the moment of birth. And school children can't keep up with their classes without the right food.

If you will follow this series of articles, and put into practice the principles of correct eating that I advocate, I can promise that you will increase both mental and physical efficiency, and as a result, achieve greater health and happiness for every member of your family.

Food Affects Your Body and Mind

Each morning when you awake, a new life is ahead of you. Whether that day and the days to follow will be better or worse than those that went before, depends largely upon what you eat. For nothing short of a miracle is performed at every meal.

Within a few hours the bread, meat, vegetables and liquids that you swallow are transformed into your personality. They begin to think, feel and act. They become YOU. What was food yesterday, today is carrying on the important business of the world, running banks, operating machines, poring over school books, or carrying on that most important of all works, the making and keeping of a home.

Each meal that you eat helps or hinders the efficiency and ease with which these various duties are performed. That is why it is true that as you eat, so you are. And that is why I say that three times a day, at your table, you SIT DOWN TO LIFE.

© WNU.—C. Houston Goudiss—1938.

Get at It

The shortest and the surest way to prove a work possible, is strenuously to set about it; and no wonder if that proves it possible that for the most part makes it so.—South.

The Importance of Being NEAREST

When you stay at The Palace Hotel in San Francisco, you are *nearest* to the places you will want to visit—the things you will want to do. It stands where five principal streets meet—near business, financial, smart shopping, and theatre districts. Its courtesy and comfort are a tradition—modernly interpreted.

600 Rooms—each with bath
From $3.50 (single) up

The
PALACE HOTEL
Market at New Montgomery
SAN FRANCISCO
ARCHIBALD H PRICE MANAGER

Are Women Better Shoppers than Men?

GRANTING a woman's reputation for wise buying, let's trace the methods by which she has earned it. Where does she find out about the advantages and details of electrical refrigeration? What tells her how to keep the whole household clean—rugs, floors, bathroom tiling—and have energy left for golf and parties? How does she learn about new and delicious entrees and desserts that surprise and delight her family? Where does she discover those subtleties of dress and make-up that a man appreciates but never understands?

Why, she reads the advertisements. She is a consistent, thoughtful reader of advertisements, because she has found that she can believe them—and profit thereby. Overlooking the advertisements would be depriving herself of data continuously useful in her job of Purchasing Agent to the Family. For that matter, watch a wise man buy a car or a suit or an insurance policy. Not a bad shopper himself! He reads the advertisements too!

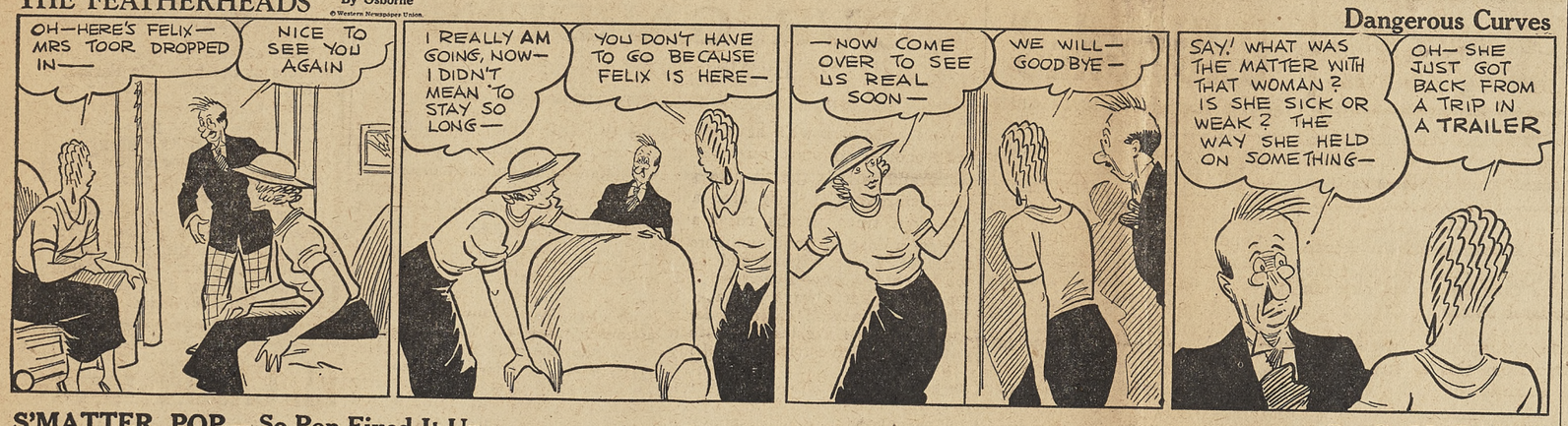
Fun for the Whole Family

THE FEATHERHEADS

By Osborne

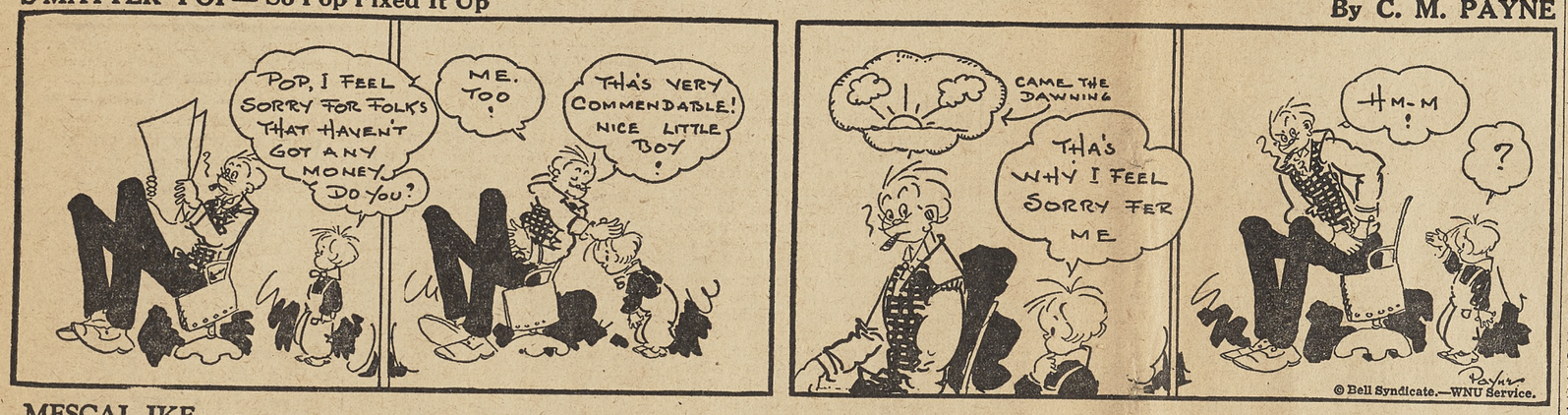
© Western Newspaper Union.

Dangerous Curves


OH—HERE'S FELIX—MRS TOOR DROPPED IN—
NICE TO SEE YOU AGAIN
I REALLY AM GOING, NOW—I DIDN'T MEAN TO STAY SO LONG—
YOU DON'T HAVE TO GO BECAUSE FELIX IS HERE—
—NOW COME OVER TO SEE US REAL SOON—
WE WILL—GOOD BYE—
SAY! WHAT WAS THE MATTER WITH THAT WOMAN? IS SHE SICK OR WEAK? THE WAY SHE HELD ON SOMETHING—
OH—SHE JUST GOT BACK FROM A TRIP IN A TRAILER

S'MATTER POP— So Pop Fixed It Up

By C. M. PAYNE


POP, I FEEL SORRY FOR FOLKS THAT HAVEN'T GOT ANY MONEY, DO YOU?
ME. TOO!
THAT'S VERY COMMENDABLE! NICE LITTLE BOY!
CAME THE DAWNING
THAT'S WHY I FEEL SORRY FER ME
HM-M!
?
Payne

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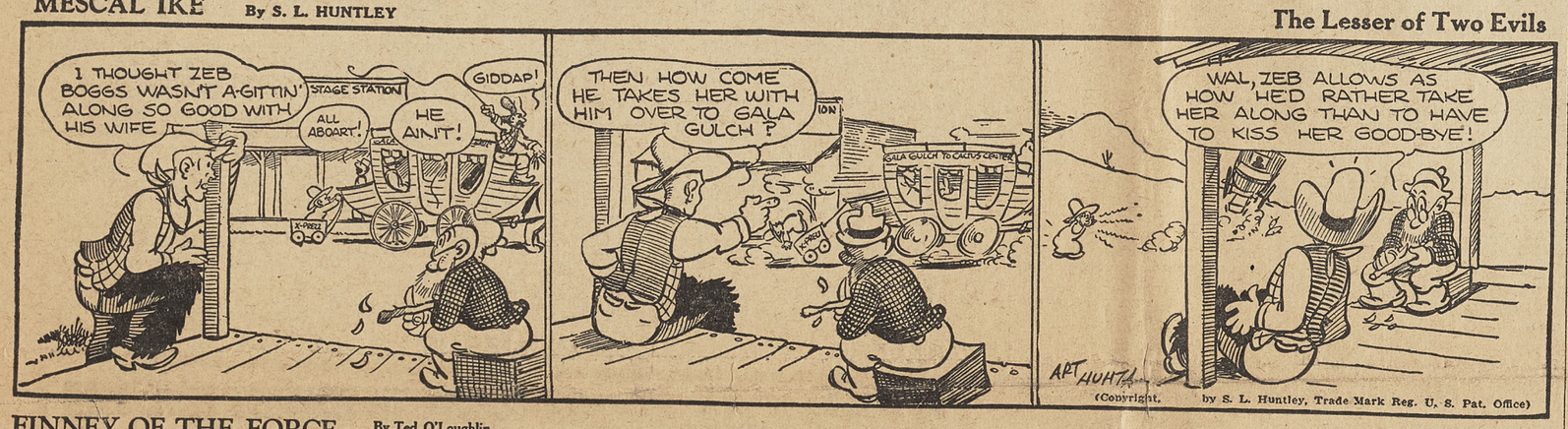
MESCAL IKE

By S. L. HUNTLEY

The Lesser of Two Evils


I THOUGHT ZEB BOGGS WASN'T A-GITTIN' ALONG SO GOOD WITH HIS WIFE
STAGE STATION
ALL ABOARD!
HE AIN'T!
GIDDAP!
THEN HOW COME HE TAKES HER WITH HIM OVER TO GALA GULCH?
GALA GULCH TO CACKLE CENTER
WAL, ZEB ALLOWS AS HOW HE'D RATHER TAKE HER ALONG THAN TO HAVE TO KISS HER GOOD-BYE!
ART HUHTA

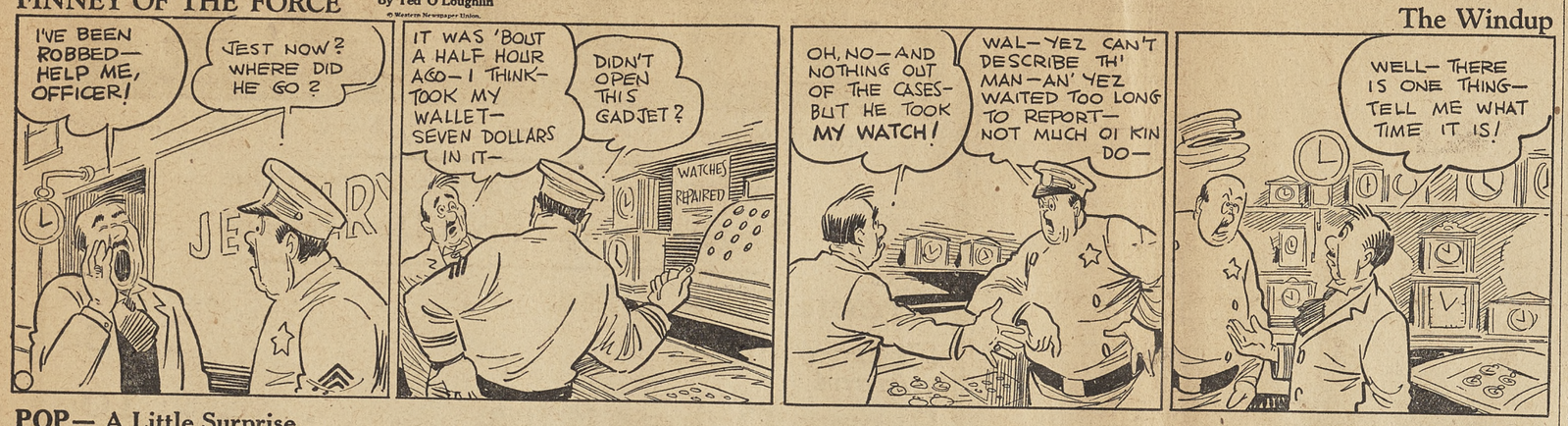
(Copyright. by S. L. Huntley, Trade Mark Reg. U. S. Pat. Office)

FINNEY OF THE FORCE

By Ted O'Loughlin

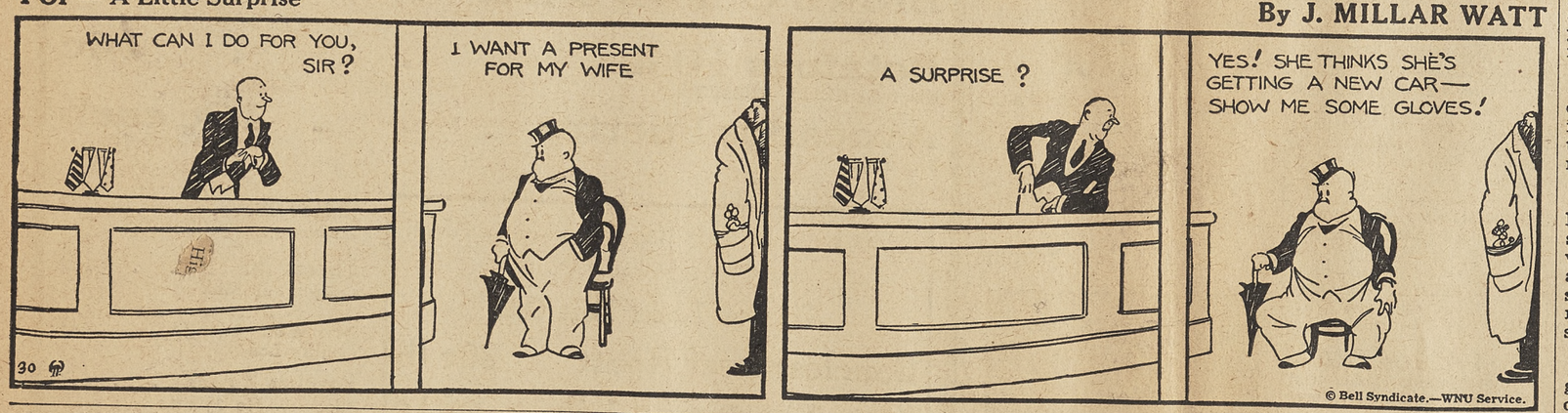
© Western Newspaper Union.

The Windup


I'VE BEEN ROBBED—HELP ME, OFFICER!
JEST NOW? WHERE DID HE GO?
IT WAS 'BOUT A HALF HOUR AGO—I THINK—TOOK MY WALLET—SEVEN DOLLARS IN IT—
DIDN'T OPEN THIS GADJET?
WATCHES REPAIRED
OH, NO—AND NOTHING OUT OF THE CASES—BUT HE TOOK MY WATCH!
WAL—YEZ CAN'T DESCRIBE TH' MAN—AN' YEZ WAITED TOO LONG TO REPORT—NOT MUCH OI KIN DO—
WELL—THERE IS ONE THING—TELL ME WHAT TIME IT IS!

POP— A Little Surprise

By J. MILLAR WATT



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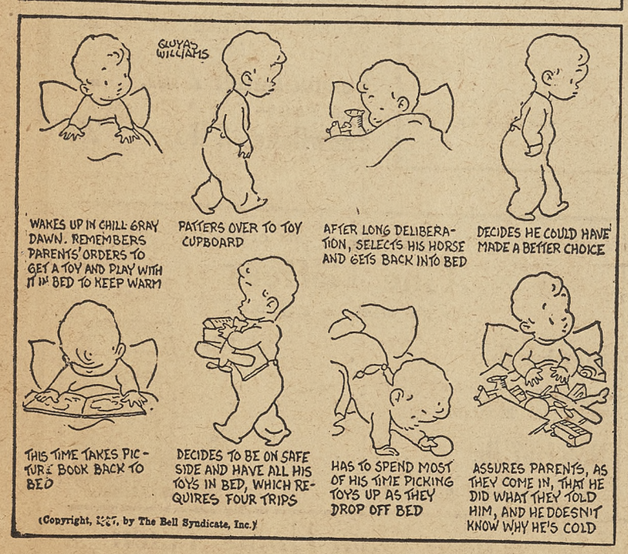
BED TOYS

By GLUYAS WILLIAMS


GLUYAS WILLIAMS
WAKES UP IN CHILL GRAY DAWN. REMEMBERS PARENTS' ORDERS TO GET A TOY AND PLAY WITH IT IN BED TO KEEP WARM
PATTERS OVER TO TOY CUPBOARD
AFTER LONG DELIBERATION, SELECTS HIS HORSE AND GETS BACK INTO BED
DECIDES HE COULD HAVE MADE A BETTER CHOICE
THIS TIME TAKES PICTURE BOOK BACK TO BED
DECIDES TO BE ON SAFE SIDE AND HAVE ALL HIS TOYS IN BED, WHICH REQUIRES FOUR TRIPS
HAS TO SPEND MOST OF HIS TIME PICKING TOYS UP AS THEY DROP OFF BED
ASSURES PARENTS, AS THEY COME IN, THAT HE DID WHAT THEY TOLD HIM, AND HE DOESN'T KNOW WHY HE'S COLD

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HOW ABOUT THE SPURS?

The children had been urged by their mother when they went out to dinner to ask for the part of the chicken that no one else wanted. Little Ben was the first served, and when he was asked what part he wanted, he said mournfully, "Some of the feathers, I guess."

In 1950

"Great Scot, the house is rocking. Look out, it's going to fall down!"

"It's all right; it's only mother parking the plane on the roof."

Big Order

She—I want a lipstick.

Clerk—What size, please?

She—Three rides and a house party.—Capper's Farmer.

FRIENDLY ENEMIES

"When I looked out of the window, Johnny, I was glad to see you playing marbles with Billy Simpkins."

"We wasn't playing marbles. We'd just had a fight, and I was helping him pick up his teeth."—Tit-Bits Magazine.

Pepsodent with IRIUM Banishes Surface-Stains from Teeth

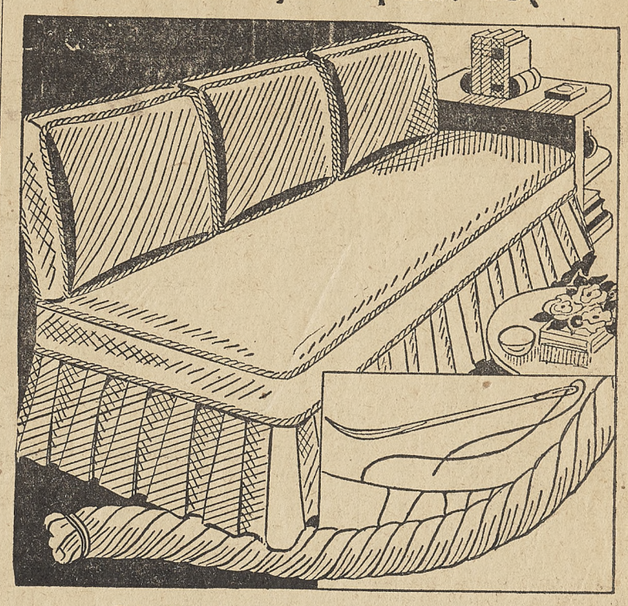
Pepsodent Tooth Powder and Paste ALONE contain this thrilling new luster discovery

● It will make your eyes open wide!... When you see your own smile reveal teeth that glisten and gleam with all their glorious natural luster . . . after you've used Pepsodent containing Irium!

Stubborn, clinging surface-stains are gently brushed away—as Pepsodent containing Irium goes to work! It works speedily, thoroughly, too... yet is *absolutely safe!* Contains NO BLEACH, NO GRIT, NO PUMICE. Try it yourself!

HOW TO SEW

by Ruth Wyeth Spears



Trim Your Couch Cover in Contrasting Cord

IF SPRING is not in the air yet it soon will be. It is the season when every room in the house seems to need a lift. If your couch or daybed looks as though it has had a hard Winter now is the time to give it a thought.

The couch of the type shown here may be made to fit into almost any decorating scheme if it has a smart and appropriate cover. The one shown here is ideal for a room with modern furniture or for one that follows no particular period. It would also give an interesting accent in a Colonial or provincial room. The cushions match the couch cover. A roughly woven navy blue cotton material is used and the seamlines are outlined with heavy cream colored cable cord. If you would like a gayer color scheme, use red cord with navy blue. Cream or yellow cord with brown material also makes an attractive cover.

A curved candlewick tufting needle such as is shown here at the lower right is good to use for sewing the cord in place. Thread about size 8 or 10 to match the cord should be used. The needle shown is really a medium size version of an upholsterer's needle which is another piece of sewing equipment that you will find useful if you like to renovate old furniture.

So often mystifying technical details stand in the way of making things that would add beauty and comfort to your home. It is with this in mind that Mrs. Spears wrote and illustrated her book, SEWING, for the Home Decorator. With clear sketches and text it explains the simplest and most professional methods of making new slipcovers, correctly styled curtains, difficult dressing tables, pleasingly proportioned lamp shades and dozens of other things that will give your rooms new charm and freshness. This book will save you many dollars. Readers wishing a copy may address Mrs. Spears, 210 So. Desplaines St., Chicago, Ill., enclosing 25 cents (coins preferred) and a copy of the book will be sent postpaid, by return mail.

Famous Food Expert To Conduct Feature

BEGINNING with this issue this paper is pleased to announce a new series of articles which we believe to be the most original and up to date food department in the country.

We wanted to offer a food department that was live—interesting—different. We wanted to get away from the usual "recipe column." We believe the women of this community are primarily interested in food in its relation to health, in its effect on growing children. Information of this sort has usually been too scientific to be understood by the average person, but in this series it is presented in clear, understandable language and applied so that it will fit the average household.

C. Houston Goudiss, famous author, lecturer, and radio personality, will conduct this department each week. Many housewives will want to make scrapbooks of these articles. Don't miss a single issue.

AROUND THE HOUSE

Peanut Butter Drops.—One cup peanut butter, one and one-half cups powdered sugar, four egg whites (unbeaten). Cream together and drop mixture in small spoonfuls on parchment paper. Bake in moderate oven for 20 minutes.

* * *

Smooth Quilts.—Ordinary candlewick bedspreads need no pressing after laundering. If, however, the spread appears too wrinkled, press dry on the wrong side over a soft pad, then brush the tufts of yarn briskly with a stiff brush to make them fluffy.

* * *

Improving Cocoa.—The flavor of hot cocoa or chocolate may be improved by adding one-fourth teaspoon of vanilla to each cup of milk.

* * *

Covering Chairs.—When making loose covers for easy chairs or settees, make extra slips fitted with patent fasteners to cover the arms, which get most wear and soil quickly. These strips can be removed and washed when necessary.

* * *

Prepare for Spring.—Now is a good time to collect cigar boxes or make flats for planting seeds indoors.

Ruling of the Judge Cut Both Ways

An Irishman, in court as a witness to a shooting affray, on being asked by the judge if he had seen the shot fired, replied, "No, sir, I only heard the shot."

The judge told the man that such evidence was of no use. Upon leaving the stand the man laughed. The judge called him back and told him he had a mind to fine him for contempt of court.

"But did you see me laugh?" asked the man.

"No, but I heard you," growled the judge.

"But we have just been told that such evidence is of no use," replied the fellow.

"Next witness," barked the judge.

Dr. Pierce's Favorite Prescription is a tonic which has been helping women of all ages for nearly 70 years. Adv.

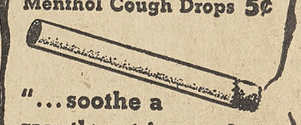
Pride Offends

The proud are always most provoked by pride.—Cowper.

Smokers know that

LUDEN'S

Menthol Cough Drops 5¢



"...soothe a raw throat instantly."

Confesses Weakness

Revenge is a confession of pain.—Seneca.

CONSTIPATED?

To keep food waste soft and moving, many doctors recommend Nujol—because of its gentle, lubricating action.

INSIST ON GENUINE NUJOL

Copr. 1937, Stanco Inc.

WHEN

Samples are advertised ask for them either through the merchant or by mail, and then buy the merchandise, if you like it, from our local merchants.

SOCIETY - PERSONALS - CLUBS

AMERICAN LEGION BIRTHDAY PARTY

The American Legion Post of El Cajon gave a birthday party Monday March 7, in the County Library Building, celebrating the founding of their post nineteen years ago. Mr. John Montgomery, principal of El Cajon school, was the speaker of the evening.

Rex Hall, one of the oldest active members, gave a complete history of the Post, from the time it was founded to the present time. He said the original name was Sequoia Post.

Deputy Sheriff Sharpe of Lakeside attended.

—x—

CAPTAIN AND MRS. O. C. DOWLING HONORED WITH DINNER

Lieutenant commander and Mrs. Marvin McCray entertained Monday evening at dinner for Captain and Mrs. O. C. Dowling of Peekskill, New York.

Those present on this occasion were Captain and Mrs J. Grundy, Mrs. Martha Snyder, and Mr. B. W. Ulrich.

Captain and Mrs. Dowling left Tuesday for New York via Texas where they will visit for a short time.

—x—

RECEIVE MESSAGE

Mr. and Mrs. L. J. Melville received word Tuesday morning that their son and wife, Mr. and Mrs. Glenn Melville of Artesia had escaped the high flood waters in that city and were leaving Tuesday night for Grenville, South Dakota to be gone for two months. The sudden trip resulted from a message received by Mrs. Glenn Melville telling of the critical condition of her mother, Mrs. Charles Lorenson.

—x—

4-H CLUB MEMBERS ENTERTAIN

The members of the Lakeside 4-H club entertained the fourteen girls and boys of the Alpine 4-H club last Saturday afternoon at the Lakeside Grammar School. Basketball and various other games were enjoyed in the afternoon followed by a tasty supper at six o'clock in the school cafeteria.

—x—

SAFE IN LONG BEACH HIGH SCHOOL

Mr. and Mrs. Wallace Phillips received word the latter part of last week that their son and wife Mr. and Mrs. Frank Phillips and baby daughter Coleen were forced to temporarily vacate their home in Long Beach, because of the high flood waters and with various other Long Beach residents.

—x—

VISITORS FROM PACIFIC BEACH

Mr. and Mrs. Dick Noble and family of Pacific Beach were visitors Saturday afternoon at the home of Mr. and Mrs. Henry Vanoni and family.

—x—

The attendance of the Bible Study class held at the home of Mrs. Minerva Baker each Tuesday evening has not declined in spite of the bad weather of the past two weeks.

Note Of Thanks

We wish to thank our friend and townspeople for their courteous help in removing our house hold goods during the floods last week.

E. Ziebarth

NOTICE

In case of a wreck or accident, fire or similiar occurance on highway or county roads in the Lakeside territory persons are urged to call Deputy Sheriff Sharpe at the Park Grocery Store. The phone number is El Cajon 883.

VISITORS FROM ARLINGTON

Mr. and Mrs. Herman Duncan and three children of Arlington arrived in Lakeside Saturday for a visit with Mrs. Duncan's parents, Mr. and Mrs. L. J. Melville, and Mr. Duncan's mother, Mrs. Letha Duncan.

Mr. Duncan returned to his home Monday, but Mrs. Duncan and children remained for a longer visit with Mr. and Mrs. Melville and a sister in law, Mrs. Edward Hannible of El Cajon.

—x—

HONORED ON 80TH BIRTHDAY

Mrs. G. S. Clark will entertain Sunday with a birthday dinner in honor of her father, Mr. Charles Johnson who will be eighty years old on that day.

Invited guests for this happy occasion are Mr. and Mrs. Ira Johnson, Mr. Marion Johnson, Mrs. Ethel McMahon and Mrs. M. E. Hanna all of San Diego, Mr. G. S. Clark and two children, and the hostess Mrs. Clark.

—x—

HOLD SECOND BRIDGE LUNCHEON

The Woman's Club will hold their second in a series of luncheons and card parties on next Thursday afternoon March 17th at the Woman's club house. The luncheon will be held at twelve thirty and will be folowed by card games. Decorations and refreshments will be in the St. Patrick motif.

A door prize is to be an added attraction during the afternoon. The cost of the luncheon will be twenty five cents and cards ten cents a corner.

All women are urged to attend for an afternoon of social entertainment.

—x—

SANTEE P. T. A. HOLDS ANNUAL STUNT NIGHT

In spite of the heavy rains Tuesday evening, March 1st, the Santee P. T. A. Stunt night held in the Auditorium of the Santee school proved to be an overwhelming success. The room was filled to capacity and is reported to be the largest turnout ever to be had.

OVERNIGHT GUESTS

Mr. and Mrs. J. K. Hamlin and son Wayne and Mr. and Mrs. Dan Gibbons of San Diego were overnight guests recently at the home of Mr. and Mrs. R. T. Harrison.

—x—

VISITS RELATIVES

Miss Fred Clevenger was the guests of her aunt and uncle, Mr. and Mrs. Max Conger of San Diego last Friday, Mar. 4th. In the evening she attended the library club at State College.

—x—

ENTERTAIN BOOK CLUB

Mrs. C. O. Woodland entertained the members of the Book club at her home on Wednesday of this week.

—x—

RECOVERING

Charles Brown of Ramona is reported recovering satisfactorily from his recent attach of pneumonia.

—x—

VISITS SISTER

Miss Alice Moore was a visitor at the home of her sister, Mrs. Alma Conrad on Tuesday of this week.

—x—

Mr. and Mrs. Carl Jones of Oceanside were visitors Monday of this week at the home of Mr. and Mrs. W. C Koppel.

—x—

Mr. and Mrs. Fred Prindle enjoyed a tasty dinner at Alpine Sunday with Mr. and Mrs. Louie Stoiber.

Calendar of Coming Events

First Thursday of each month Arts and Crafts, from Art's Division of Womans' Club at Woman's Club House.

Farm Bureau meets the second Thursday of each month at the Woman's Club House. Pot luck dinner at seven o'clock.

Lindo Sewing Club—Meets every Tuesday from 1:30 to 4:30 at Woman's Club house.

Regular meetings of the Home Department of Lakeside Farm Bureau meets every 4th Friday of the month.

Sable Post No. 2275 V. F. W. meets at Bostonia Parish House 1st and 3rd Fridays of each month.

El Cajon Valley Grange meets in the Parish House at Bostonia on the second and fourth Tuesday nghts of each month.

Band Rehersals—every Tuesday evening—at 8:00 o'clock—in music room of the Grammar School. All interested are invited to attend.

The Lakeside P. T. A. to meet Tuesday, March 8th at School Auditorium—Mrs. Mary Gimmell, guest speaker of the evening.

Woman's club meets Thursday, March 10th at Club House. Election of Directors.

The Lakeside P. T. A. will meet on Tuesday, March 8th. Mrs. Mary Gimmell of San Diego will speak on the topic "Safe Living Is Peaceful Living."

VISITS FRIENDS IN LOMA PORTAL

Mr. and Mrs. W. O. Sanford spent two days last week at the home of Mr. and Mrs. A. E.Scott and family of Loma Portal.

—x—

ATTEND RACES

Mr. and Mrs. L. H. Smith spent the week end in Los Angeles where they attended the Santa Anita Handicap races.

—x—

SUNDAY VISITORS

Mr. and Mrs. Max Conger and family of San Diego spent Sunday with Mr. and Mrs. L. J. Clevenger.

—x—

DINNER GUESTS

Mr. and Mrs. A. M. Huffman and Mrs. William Riggle were dinner guest of Mr. and Mrs. Tom Rodney of El Cajon on Sunday.

—x—

Mr. and Mrs. Arthur Foster and baby son of Oceanside were visitors from Friday to Sunday at the Clarence Foster residence in El Monte. Mr. and Mrs. Jack Klipple and three children of Escondido were also Sunday afternoon visitors at the Foster home.

—x—

Mr. and Mrs. Dexter Donahoo are preparing to build a home in La Mesa. They rerently acquired the lot situated close to the proposed new La Mesa cut off. They are leveling the ground and expect to start building operation next week.

—x—

Mr. and Mrs. Charles M. Lucas of Lakeside Farms entertained for lunch Monday of last week. Mrs. Stone of Jackson, Mississippi Dr. Iras sister, a former Dr. of Lakeside, Mrs. J. H. Lucas and Mr. John Griffith of San Diego.

—x—

Mrs. Charles Tharp of Bostonia underwent a major operation at the county hospital the early part of this week.

—x—

Mrs.Anna Chandler and son Phil, moved into their new home last week. The house was recently remodled by Ben Reid.

—x—

Fred LaMadrid is reported to be confined in his home in El Cajon, with the mumps.

CHURCHES

LAKESIDE COMMUNITY CHURCH
Rev. T. I. Nalbach, Pastor
ANNOUNCEMENT OF SERVICES:

Sunday Services.
Sunday School—9:45 a.m.
Morning Worship—11:00 a. m.
Junior and Christian Endeavor meets Sunday at 6:45 p.m.
Other meetings:
Ladies' Aid first Tuesday of each month.
Mission Society 3rd Tuesday of each month.

CHRISTIAN SCIENCE CHURCHES

"My God shall supply all you need according to his riches in glory by Christ Jesus." These words of Paul to the Philippians are the Golden Text in the Lesson-Sermon on "Substance" on Sunday in all branches of The Mother Church, The First Church of Christ, Scientist, in Boston, Massachusetts.

A Scriptural citation presents these verses about Jesus from Luke: "And he said unto his disciples, Therefore I say unto you, Take no thought for your life, what ye shall eat; neither for the body, what ye shall put on. . . . Consider the lilies how they grow: they toil not, they spin not; and yet I say unto you, that Solomon in all his glory was not arrayed like one of these. If then God so clothe the grass, which is to day in the field, and to morrow is cast into the oven; how much more will he clothe you, O ye of little faith? . . Fear not, little flock; for it is your Father's good pleasure to give you the kingdom."

One of the passages from "Science and Health with Key to the Scriptures," by Mary Baker Eddy, states: "In the scientific relation of God to man, we find that whatever blesses one blesses all, as Jesus showed with the loaves and the fishes,—Spirit, not matter, being the source of supply."

SAINT JOHN'S CHURCH
Episcopal
Bostonia, California.
Rev. Harold B. Thelin Vicar.

Second Sunday in Lent.
9:00 a. m. Morning Prayer and Litany with Sermon. "What shall I do?"
10:15 a. m. Church School.
Tuesday—Lenten evening service, and address. 7:30 p. m. "Does God Care?"
Wednesday—7:30 p. m. Choir

Seventh Day Adventist Bible Study—

Tuesday evenings—beginning at 7:30.

At the Minerva Baker residence on Lakeside Farms.

Reverend A. B. Huenergardt of Bostonia, pastor.

I will not be responsible for any bills charged to me without a requisition signed by me.

E. L. Muse 3t

AUCTION

Saturday March 12 at 10:30 a. m.

At Lakeside Rodeo grounds will sell what the community brings in from 10:30 to 1 p. m. at 1 p. m. will sell, horses and cattle. Bring in what you have to sell. Sale Saturday.

W. L. Bray, Auctioneer

USED CARS
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We Carry Your Contract
LOW DOWN PAYMENT
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OUR GARDENS

By Mrs. Albert Bloom

Well looks as if we'll have moisture enough to start our spring seeds and now is the time to get them started. Get busy also and give your trees, shrubs, roses and flowers a dose of good commercial fertilizer. I use Vigoro and have for twenty years—I've tried all the others but always go back to Vigoro—it's a well balanced fertilizer and you use less of it than any other I have tried. I feed my roses a teaspoonful to each bush once a month and other plants in proporation.

How about a Zinnia garden—in a new catalog I recently received I saw the best plan for an all Zinnia garden—the space used was 20 x 30 feet and it surely would be a grand show when in bloom. I'll be glad to tell any of you where I saw it if you are interested or loan you my copy. It is only by studying all the new books and catalogs that we professional landscape architects are able to keep you informed of the new things. It is just like any profession—you may go to college and graduate with the highest degrees yet one would soon be out of date if they didn't read all the newer data as it became available. That is true of all professions—doctors, lawyers, druggists—they all keep up to date by reading and studying. And now back to this Zinnia garden—here are the varieties used: Minature Mission Mix, Fantasy Mix, Black Knight, Hageana Mix, Picotee Tidy tipped, Dahlia flowered Mix, Pompon Salmon Rose, Pink Profusion, Majestic Rose, Salmon Queen, Scabiosa flowered, Burnt orange, Scarlet Red Boy, Lavender.
The retail value of these seeds would be $2.25 but the concern offering them are making a special for everyone who wants the entire collection for only $1.50—just think of it a garden 20 x 30 feet for only $1.50. I wish someone in Lakeside would try it— I would take pictures of it and have them in the papers and magazines that I write for in various parts of the country. Zinnias are one of the easiest flowers to grow and give so much satisfaction—they last a long time and if picked often and not let go to seed they keep bloom ing over a long period. Each year sees new types being offered. The new Fantasy mixtures are very lovely—they look like shaggy asters somewhat—they have many curled petals. The new crested type Scabiosa flowered is also attractive, as is the Cactus flowered. I like many of the little baby types and the new Haageana or Mexican type is very showy. They all make grand cut flowers and require as little care as anything we can grow. Each year there are new colors also and if you get your seed from a reliable source most of them will come true to form and color.

Tell you what I'll do—I'll offer a prize of $5 if we lan get five persons in Lakeside to plant this Zinnia Garden and the prize will go to the one having the best garden. We will select three judges when the time comes and abide by their decision. Anyone interested?

I want to tell you a bit about our native Plant Show to be held in San Diego March 19th and 20th. It will be held at the headquarters of the Heaven On Earth Club, Standard Furniture Company Bldg., 2368 Kettner Blvd. There will be ribbons and cash prizes for the best specimens of native trees, shrubs and flowers. The Show will be open from 1 to 9 p. m., on Saturday and from 1 to 5 on Sunday. We also will have a showing of several hundred water color studies of native flowers done by Mrs. Ida Moody of Los Angeles who will be with us during the Show.

The persons who reside in El Monte and those who find it necessary to travel over the El Monte road often, wish to express their sincere thanks and appreciation for the immediate action taken in fixing the road last week following the notice which appeared in the Lakeside Farmer recently.

CONTEST

This contest is open to all readers of the Lakeside Farmer.

Mr. Al Keogh, manager of the El Cajon theatre is giving two passes to the person finding the most typographical errose in this issue of the Farmer. One pass to the person in second place.

Mistakes in this issue are not placed intentionally but were overlooked by the proofreader.

Count and mark the number of mistakes you find and leave at the Farmer office.

EL CAJON Theatre

(Why Go Further)

Telephone El Cajon 1361
POPULAR PRICES
General — 30c Loges — 40c
Kiddies — 10c
OPEN ON WEEK NIGHTS AT 6:20 P. M.
(Show Starts At 6:30 p. m.)

THUR. FRI. SAT. MAR. 10 11 12
Wallace Berry in
"The Bad Man of Brimstone"
——2nd Feature——
Johnny Downs Eleanore Whitney
"Thrill of a Lifetime"
Plus Charlie Chase Comedy

SUN. MON. ONLY MAR. 13 14
Lily Pons Jack Oakie
"HITTING A NEW HIGH"
——2nd Feature——
"You Are Only Young Once"
With Lewis Stone Cecilia Parker
——Added——
"MARCH OF TIME"
COLOR CARTOON — NEWS
Attraction Nite Monday

TUES. WED. ONLY MAR. 15 16
Joan Crawford Spencer Tracy in
"MANNEQUIN"
——2nd Feature——
Miriam Hopkins Ray Milland
in "WISE GIRL"
——Added——
Kennedy & Collins comic
Musical—Cartoon—News
Attraction Nite Wednesday

SAFEWAY

Prices Effective Thursday-Friday-Saturday March 10th 11th 12th

A Few Seasonable Suggestions From Our
Vegetable and Fruit Department

Green Peas 2 lbs. 15c
Celery large 5c
UTAH TYPE
Brown Onions 3 lbs. 10c
No. 1 GRADE
Potatoes 10 lbs. 14c
No. 1 QUALITY RUSSETS
Avocados Fuertes . . . 10c each
8 to 10 oz.

Meat is a good body Builder and an excellent Food for growing children

Try Our Tender Meat Cuts

Boneless Beef Roast 20c lb
Keen Shortening 1 lb. 11c
Picnic Ham . . 19c
GOLD COIN SHANKLESS
Weiners & Coneys 15c
Ground Beef . . 12½c

Butter lb. . . . 33c
Lucerne—1st Quality
Cheese lb. . . . 19c
Oregon Full Milk
Jell-Well 5 pkgs. 17c
or Jiffy Lou
Peaches 2 cans . . 27c
Highway—No 2½ cans
Keen 1 lb. pkg. . . 11c
Shortening
Cream of Wheat large 23c
Small Pkg. 14c—
Peanut Butter 2 lbs. 25c
Real Roast—
Snowflakes 2 lbs. 29c
NBC Sodas

Max-i-Mum Milk
Small Cans 3 for 10c
Tall Cans 4 for 25c

Glen Oaks Corn 3 cans 25c
No. 2 Cans
Stokely Peas 2 cans 25c
Honey Pod—No. 2 can

A Fragrant Cup of one of These
Fine Coffees
is an asset to any meal
Airway lb. . . . 15c
3 pounds 43c
Mild and Mellow
Nob Hill lb. . . . 20c
Full bodied—Fine flavor

Buy at Home and Help your Own Home Town

The Trading Post LA MESA

Have lots of round tables from $1.00 up, car lean-to tent, childs bed. Also baby walker & buggy, clearence on all heating stoves & fire screens—Table model radios, very good. Lots of Indian design blankets. Kitchen cup board. Nice Kitchen table painted green & ivory 2 drop leafs unpainted, also unpainted Dressing table with bench. Bring your shotguns & rifles in to trade. FREE MUSEUM 8215 Lookout Ave.

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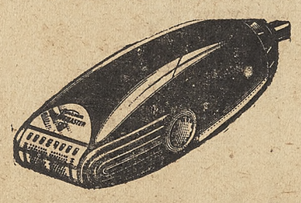

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